

# PHI THETA KAPPA

# Sigma Zeta Chapter January 2010 Newsletter

# Winter Wellness Fair

January 20, 2010 Center Building, LCC Cafeteria 10:00-3:00

Winter Wellness Fair is coming very soon! The planning committee is meeting on a weekly basis. Please contact Tedi Hart if you can help. The last event was the largest so far; please help make this one even bigger. R.S.V.P on facebook!

http://www.facebook.com/event.php?eid=226847815274

Phi Theta Kappa will be conducting a Wellness Fair on the third Wednesday of Winter, Spring, and Fall terms. Come and check out what the vendors have to offer. We know that starting a new term can stress you out, why not come by and find ways of naturally dealing with those issues? Last term we had many tables of educational materials, informative dioramas and the opportunity to ask questions of local alternative healers. Martial artists provided an exhibition; we had a band, lectures and lots of networking.

We are also going to need members to help clean up after the event. The cafeteria has a Chess League event immediately after ours, so we need to be swift and efficient in our clean-up.

# INSIDE THIS ISSUE

- Winter Wellness Fair Wednesday January 20, 2010
- 1 What is Sigma Zeta working on this month?
- 2 Current and Recent Activities for Sigma Zeta Chapter.
- 3 Calendar of Events
- 3 Photos of the Chapters' Recent Activities and Events
- 4 Contact Information

# What is your chapter working on this month?

We need as many members as possible for these events!

#### Welcome Week at LCC

Pick up your stickers at the Regional Office Building 2, Room 108

Winter term is upon us, we are excited to get back in the groove. Pick up your "Lane Cares" badge stickers that show new students they can ask you for help or directions. We will have the little printed maps to help, pick them up with the big pink stickers from January 4th to 7th in the Regional Office (next to the office of our advisor, Velda). When you arrived for your first term, did you need help finding a class? Maybe you could lend a hand to the lost this week.

# Wonderful World

The chapter is participating in a Phi Theta Kappa worldwide facebook event that illustrates the next Honors Study Topic by creating a music video via collaboration (Dr Kerr) <a href="http://www.facebook.com/#/event.php?eid=1792680823">http://www.facebook.com/#/event.php?eid=1792680823</a>
<a href="mailto:29">29</a> Matt Ray will be leading this project for the chapter. We have requested an extension to allow for more members to become involved. The date and time of the taping will be announced at the meeting on January 4th.

# Leadership Lectures and Workshops

<u>Date</u>	<u>Time</u>	Bldg.	<u>Topic</u>
January	5 @ 4	2/213	Hallmark Writers Workshop
January	12 @ 4	2/213	Business Ethics
January	19 @ 4	2/213	Nomination Writers' Wrap-up
January	22 @ 12	2/209	Résumés and Job Search Skills
January	26 @ 4	2/213	Social Networking for Business

# Introducing the 2010-2012 Honors Study Topic "The Democratization of Information: Power, Peril, and Promise"

Our advisor has a project idea in mind that is going to be primarily focusing on the communications aspect of the topic. Related issues identified by the program will include:

- 1. Definition
- 2. Technology
- 3. Individual and Community
- 4. Language/Communication
- 5. Education
- 6. Economy and Business
- 7. Government and Public Policy
- 8. The Arts
- 9. Science
- 10. History/Future

Read about the new Honors Study Topic at the Phi Theta Kappa website beginning in January. Attend our semi-annual goal setting workshop on January 11<sup>th</sup> for details and discussion on the subject material we hope to cover.

#### **Hallmark Award Nominations**

Writing committees are currently working on the nominations; for Distinguished Chapter President - Terri Sullivan, for Distinguished Chapter Officer - Tedi Hart and for Distinguished Chapter Member - Dee Christensen.

Nominee for Paragon Advisor - Velda Arnaud

We are also writing submissions for these Chapter Hallmarks

- Scholarship
- Leadership
- Service

The Chapter is holding writers workshops on January 5<sup>th</sup> and 19<sup>th</sup> at 4:00 pm in Building 2, Room 213.

### Eugene Boat and Sportsmen's Show

The chapter will staff the children's fish tank at the annual Boat and Sportsmen's Show at the Lane County Fairgrounds on February 5<sup>th</sup> through the 7<sup>th</sup>. Family and friends are encouraged to assist. Contact Suzi Garcia or come into the regional office to schedule your time. Volunteers receive a free pass into the event on the day of their shift. It is a lot of fun, and the kids have a wonderful time. Small kids use poles to catch live fish in a little stocked pond. Volunteers will have to touch the fish to bag them.

# Keep America Beautiful, Operation Green

Phi Theta Kappa has an ongoing commitment to Operation Green. Sigma Zeta Chapter adopted the road in front of the college in 2006, we plant bulbs for campus beautification and we join in the semi-annual beach cleanup(s) with SOLV. The next "Adopt-a-Road" cleanup will be held on Washington's Birthday, which is a campus holiday. Members will meet on Monday, February 15 at 9:00 am at their usual place in the East Lot. Following the cleanup, the chapter will have the traditional potluck lunch. Bring your family and friends.

## Regional Alumni Association

The Rocky Mountain Cascade region is determined to charter an alumni association as soon as possible. The person to contact is Jen Parache <a href="mailto:jenparache@comcast.net">jenparache@comcast.net</a>

Regional must locate at least 15 charter members, with at least 10 completing their community college program at least 5 years ago. Additional needs for this to get off the ground: an advisor, alumni association name, establishing goals & objectives, drafting of bylaws, paperwork, and securing the \$200 chartering fee.

# "Date Night" Fundraiser

This fundraising and visibility effort will be spearheaded by Matt Ray. We are looking into the possibility of combining a dinner served by LCC culinary students, a show performed by or theater department, and overnight accommodations provided by one of the Springfield "After Hours" Chamber of Commerce businesses. Look for more on this potential event under construction next month.

## Springfield Holiday Parade

On December 5<sup>th</sup>, our chapter organized an entry in the 2009 Springfield Holiday Parade for the third year in a row. Alumni member Rick Dunaven allowed the chapter to use and decorate three of his Pedi-cabs. The theme was "Honoring our Heroes". Velda wore a graduation gown and Phi Theta Kappa regalia. 15 Members and 3 children participated in this holiday tradition. See Pedi-cabs, page 3.

#### Harvest Baskets

We gathered and distributed 25 turkey dinner food boxes during the Thanksgiving Holiday in 2009. (See picture on page 3) We would like to see that number significantly increase in 2010. Karlie is kicking off this committee with donation request letters during early February.

# **CALENDAR OF EVENTS**

#### WELLNESS FAIR

PLACE LCC CAFETERIA

TIME JANUARY 20, 2010 10:00 AM – 3:00 PM

Vendors and Alternative Medicine Professionals will share

the stage with live demonstrations.

http://www.facebook.com/event.php?eid=226847815274 &index=1

# REGULAR CHAPTER MEETING

PLACE BUILDING 2, ROOM 213

TIME MONDAY, JANUARY 4<sup>TH</sup> @ 4:00 PM

All members are welcome and encouraged to attend. Bring a prospective member to give them a peek at PTK.

#### SEMI-ANNUAL GOAL SETTING WORKSHOP

PLACE BUILDING 2, ROOM 213

TIME MONDAY, JANUARY 11<sup>TH</sup> @ 4:00 PM

We must look at our goals for the coming year and the

Honors Study Topic "The Democratization of

Information: Power, Peril and Promise"

#### VIDEO SHOOT AND FELLOWSHIP POTLUCK

PLACE LANE SIGN AND OTHER CAMPUS LOCATIONS
TIME JANUARY 18<sup>TH</sup> @ 10:00 AM (MLK JR. DAY)

#### HONORS SEMINAR (WEBINAR)

PLACE LCC BUILDING 2, ROOM 213 TIME JANUARY  $25^{TH}$  @ 4:00 PM

#### LEADERSHIP LECTURES

PLACE LCC BUILDING 2, ROOM 213
TIME (MOST) TUESDAYS @ 4:00 PM

Look for the schedule updates on the chapters' web page https://teach.lanecc.edu/arnaudy/ezevents.html

#### **EUGENE BOAT AND SPORTSMEN'S SHOW**

PLACE LANE COUNTY FAIRGROUNDS

TIME FEBRUARY 5-7, 2010

Kids fishing pond booth, volunteer and get a free pass!

http://www.facebook.com/event.php?eid=186943666329

<u>&index=1</u>



Springfield Holiday Parade "Honoring our Heroes"



Harvest Basket Assembly



2009 Hallmark Planning Workshop

# **Contact Information**

#### Online

Web Site: www.lanecc.edu/ptk

Facebook: http://www.facebook.com/home.php?#/group.php?gid=49886745814

MySpace Page: <a href="http://www.myspace.com/sigmazetachapter">http://www.myspace.com/sigmazetachapter</a>

Chapter blog: sigmazeta.wordpress.com

Our YouTube Videos: <a href="http://youtube.com/iamvelda">http://youtube.com/iamvelda</a>
Regional Web Site: <a href="http://www.rmcptk.org/index.htm">http://www.rmcptk.org/index.htm</a>

Regional Facebook: <a href="http://www.facebook.com/group.php?gid=75667814169">http://www.facebook.com/group.php?gid=75667814169</a> Regional MySpace: <a href="http://www.myspace.com/phi theta kappa rgion iv">http://www.myspace.com/phi theta kappa rgion iv</a>

International Web Site: www.ptk.org

# **Chapter Office**

Location: Building 17, Room 312

Phone: 541-463-3238 Email: sigmazeta@lanecc.edu

#### **Chapter Officers**

• Trevor Moore, President

- Karlie Hibler, President Elect
- Tedi Hart, Vice President
- Matt Ray, Vice President
- Tracy Weimer, Communications Officer
- Sharon Henson, Active Team Leader
- Vacant, Active Team Leader
- Dee Christensen, Active Team Leader
- Sabina Ali-Tishmack, Regional VP
- Tina Keaveney, Regional Southern VP
- Suzi Garcia, Regional Communications Officer
- Terri Sullivan, past President

#### **Chapter Advisor**

Advisor: Velda Arnaud

Location: Building 2, Room 108D Email: <a href="mailto:arnaudv@lanecc.edu">arnaudv@lanecc.edu</a>
Phone: 541-463-5682

Fax: 541-463-3975

If you have any questions or comments about your chapter's newsletter, please contact the Communications Officer

buterflytrace@gmail.com