

*Lane Community College*  
*Unit Planning: Instruction & Student Services*  
*Health & PE: PE*

## **Program Analysis**

*Key Question: Please review the planning initiatives that were identified in the annual planning cycle. Provide a summary analysis of your work completed last year in relation to your annual planning initiatives by responding to the following questions.*

**1. What did your unit accomplish last year in relationship to the annual planning initiatives? Other accomplishments not related to the annual planning initiatives?**

- Increase student enrollment in physical education courses.
- We met this goal because the deferential tuition was removed.
- Challenges remain. We cannot meet student demand for specific classes.
- Student demand continues to outpace course offerings in some PE classes

**2. What are the areas that still need attention?**

- Providing students with continued access to a diverse curriculum.
- Increasing student enrollment in Physical Education courses.
- Reclaim original access to PE 132 – Dance Studio to provide a quiet and appropriate environment conducive to student learning related to Yoga, Meditation, Relaxation, Martial Arts, Tai Chi and other related courses.
- Improved safety in the instructional area of archery. Purchasing a net that will prevent arrows from flying into the jog/walk trail and the parking lot.
- Improve safety in the instructional area of fitness by repaving the asphalt path at the south end of the track that is currently breaking apart.
- Purchase of equipment and a music system for aerobics related classes

**3. Considering your responses to questions 1 & 2 and emerging needs and demands, what are your plans for next year? This conclusion should be the foundation on which initiatives are built.**

- Secure a space large enough for our aerobics classes.
- Acquire a space for our yoga, meditation, relaxation, martial arts, tai chi and other related courses.
- Purchase an archery safety net.
- Repave the asphalt path at the south end of the track.
- Purchase more equipment for aerobics (weightlifting bars, exercise balls, yamana balls and bands for legs, add to the music library, individual hand weights 5-10 at 5lbs each).
- Install a new sound system and microphone for the aerobics classes.
- Expand the curriculum to include a relaxation class.

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*Lane Community College*  
*Unit Planning: Instruction & Student Services*  
*Health & PE: PE*

**Annual Program Plans:**

*How do you propose improving future performance? **Each initiative should be linked to the needs identified through the program analysis.** When proposing an initiative(s), use the following structure for each initiative proposed:*

**Section I: Planning**

**1. Initiative Title:** Reclaim original access to PE 132

**Division Priority** \_\_\_\_ 4 \_\_\_\_

— dance studio to provide a quiet and appropriate environment conducive to student learning related to Yoga, Meditation, Relaxation, Martial Arts, Tia Chi and other related courses.

**2. How is the initiative linked to your Program Outcomes Analysis for last year? What program level outcomes do you expect to achieve?**

Classes are in spaces that are not appropriate, for example they require more space or equipment, or are next to or below another space that is too noisy. Historically this classroom belonged to the Health and Physical Education.

**3. Describe the initiative**

- *How does this initiative align with the strategic directions of the college?*

-In order to provide students with continued access to a diverse curriculum the use of this room would allow existing classes to increase in number and new course offerings could be added.. This acquisition of PE 132 will serve a greater population of students with differing backgrounds and needs.

- *What will the product, innovation, or change of this initiative be? Please be as specific as possible.*

-The existing Dance classes would need to be relocated elsewhere on campus. We will repossess PE 132 and that will allow us to offer more classes in an appropriate space. We will be able to offer more sections and have the appropriate facility for classes such as yoga, Tia Chi, martial arts, relaxation, meditation, ball stability, yogilates, flexibility and a variety of Wellness classes. We will also have more flexibility as to what we can offer and when we offer classes in our Gym spaces.

- *What is the need or intended use? How was that need assessed? What is your evidence of the need?*

-The need is to be able to offer diverse classes, at a variety of times, for a larger student population.

-The need was assessed through enrollment and demand for classes.

-High FTE. For example, yoga continues to fill and maintain a waiting list every term.

*Lane Community College*  
*Unit Planning: Instruction & Student Services*  
*Health & PE: PE*

- *Given college resources, is it feasible? Is it an efficient use of college resources?*
  - Yes. We would need to relocate the Dance classes.
  - Yes, to meet demand, increase enrollment and to continue to offer diverse classes at a variety of times.
- *What would be the campus location of this request/project?*
  - Building 5 PE 132.
- *How many students (per year) will benefit?*
  - If we continue to offer the classes we currently offer, approximately 1200 students could benefit. If we can add classes we currently offer, approximately 1200 students could benefit. If we can add classes, which we will have the potential to do if we repossess Room 132, we could serve up to 1500 students or more.
- *How will students benefit?*
  - PE 132 sits below faculty offices and PE 239 and PE 240 (both classrooms designated for health classes or Fitness Training Core Classes). Current use by the dance department disrupts office hour visits by students, classes that meet in PE239 and PE240 and faculty working in their offices (music too loud). The class will provide an optimal environment for learning by being a secluded space away from loud/busy classrooms such as the Fitness Education Center and Therapeutic Exercise space. Noise will no longer be an issue. Students will also have more space to perform class requirements and the classroom will be able to store the appropriate equipment for each class.

**Section II: Linking Planning to Budgeting - If you need Resources:**

**4. Describe the resources needed**

*Please be specific about the actual equipment/resources that you need. In addition, complete the Initiative Spreadsheet for each resource requested.*

General fund dollars would not be needed only the removal of the performing arts dance program from this facility. They may need construction of a facility to meet their needs but we should not be help responsible and our classes should not have to be shifted to other spaces.

**5. List the possible funding sources**

- *Can this project be partially funded?*
  - Yes, even allowing us half day usage would be beneficial.
- *If so, what portion could be funded at what minimum cost?*
  - No costs would be involved. We would need to relocate dance classes currently in the space.

*Lane Community College*  
*Unit Planning: Instruction & Student Services*  
*Health & PE: PE*

If the funding source is Carl Perkins:

1. How does the request meet one or two of the Carl Perkins act goals?
- 2.

**6. Provide ORG & PROG codes**

ORG. 671201                  PROG. 111000

**7. For programs that have advisory committees: What plans do you have for working more effectively with your Advisory Committee?**

*Lane Community College*  
*Unit Planning: Instruction & Student Services*  
*Health & PE: PE*

1. **Initiative Title:** Improve safety in the existing fitness classes and archery.

**Division Priority** 10

This can be accomplished with the purchase and installation of an archery net and the repaving of the deteriorating asphalt path leading to the track.

2. **How is the initiative linked to your Program Outcomes Analysis for last year? What program level outcomes do you expect to achieve?**

To provide a safe and user friendly learning environment in all classrooms.

3. **Describe the initiative**

- *How does this initiative align with the strategic directions of the college?*

-In order to provide students with continued access to a diverse safe curriculum, the archery class would be greatly enhanced by the purchase of a safety net.

The fitness classes would maintain the use of an asphalt pathway that provides instructors with a very good fitness station to develop leg strength.

- What will the product, innovation, or change of this initiative be? Please be as specific as possible.

-The installation of a net and the repaving of the asphalt path.

- *What is the need or intended use? How was that need assessed? What is your evidence of the need?*

-Because of the safety factor of arrows either sliding up the hill or ricocheting off the top of the bale and flying into the parking lot, the class is limited to the distances we can safely shoot. A sturdy safety net would allow the students to safely shoot from longer distances, thus giving them more learning opportunities and challenging experiences. Need has been assessed over years of limiting the ranges at which our students can shoot. Students and instructors have asked for the capability to experience long range shooting.

-The repaving of the asphalt path is a maintenance issue for an existing pathway and teaching station. Several 100 students use the pathway every term. In order to continue using this path the repaving must take place or it will need to be closed off due to the safety hazard of falling.

- *Given college resources, is it feasible? Is it an efficient use of college resources?*

-The asphalt path should be on a facility maintenance schedule.

-The archery net is a new item that would enhance our existing class if funds are available. While this initiative is specific to the archery classes, it would also make a safer area for not only the class but for other students and staff in that area during the

*Lane Community College*  
*Unit Planning: Instruction & Student Services*  
*Health & PE: PE*

class time. The net could be up Spring and Fall term archery classes, then be taken down for storage during the winter, thus prolonging the life of the net.

- *What would be the campus location of this request/project?*
    - The asphalt path at the south end of the track leading from the end of building 5 down to the track.
    - The net would be installed on the east bank of the soccer field, behind the archery bales..
  - *How many students (per year) will benefit?*
    - The use of the asphalt path would affect 800-1000 students per term.
    - Archery would affect 60 students in class and other that use the jogging trails and east parking lot during archer class times.
  - *How will students benefit?*
    - Students enrolled in any of our fitness related classes would have access to a safe pathway leading to the track and instructors can continue to use the path in their fitness circuits to develop leg strength.
    - The biggest benefit would be to provide a much safer and therefore more useful outdoor classroom facility for the archery classes. Archery is a class that appeals to all ages and ability levels, and is an important part of our diverse curriculum, offering a good recreational and life-long activity.
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## **Section II: Linking Planning to Budgeting - If you need Resources:**

### **4. Describe the resources needed**

*Please be specific about the actual equipment/resources that you need. In addition, complete the Initiative Spreadsheet for each resource requested.*

General Fund

Asphalt ramp approximately \$5,000

Safety net for Archery approximately \$2,500

### **5. List the possible funding sources**

- *Can this project be partially funded?*

One or the other could be funded but both are safety issues that need to be addressed.

- *If so, what portion could be funded at what minimum cost?*

*Lane Community College*  
*Unit Planning: Instruction & Student Services*  
*Health & PE: PE*

If the funding source is Carl Perkins:

3. How does the request meet one or two of the Carl Perkins act goals?
- 4.

**6. Provide ORG & PROG codes**

ORG. 671201                  PROG. 111000

**7. For programs that have advisory committees: What plans do you have for working more effectively with your Advisory Committee?**

*Lane Community College*  
*Unit Planning: Instruction & Student Services*  
*Health & PE: PE*

**Annual Program Plans:**

*How do you propose improving future performance? **Each initiative should be linked to the needs identified through the program analysis.** When proposing an initiative(s), use the following structure for each initiative proposed:*

**Section I: Planning**

1. **Initiative Title:** Purchase more equipment for aerobics      **Division Priority** 13

- (weightlifting bars, exercise balls, small yamano balls and bands for legs). Create a music library for all related classes and upgrade the sound system and microphone. Buy individual mats, hand weights of 5-10sets at 5 lbs.

2. **How is the initiative linked to your Program Outcomes Analysis for last year? What program level outcomes do you expect to achieve?**

-This initiative continues our tradition of upgrading and maintaining our existing equipment. Classes with challenging equipment will create more interest among our students given the diverse ways that can be provided with a wide variety of equipment and music.

3. **Describe the initiative**

- *How does this initiative align with the strategic directions of the college?*

-Provides a quality fitness experience in our aerobics classes. Good equipment and sound systems make the aerobic related classes interesting and more challenging to our students.

- *What will the product, innovation, or change of this initiative be? Please be as specific as possible.*

-More of and a greater variety of equipment and music creates a more exciting challenging class.

- *What is the need or intended use? How was that need assessed? What is your evidence of the need?*

-Increasing the quantity of our hand weights would allow students in larger classes (more than 25 students) to utilize that equipment and would allow students in smaller classes to choose the most appropriate weight. This is true of all new equipment requests. A better sound system enables every student to hear directions.

-Observation that there are not enough weights to go around. As new and different equipment becomes available we must continue to upgrade or fall behind in innovation and creativity.



*Lane Community College*  
*Unit Planning: Instruction & Student Services*  
*Health & PE: PE*

- *Given college resources, is it feasible? Is it an efficient use of college resources?*
  - The equipment is not costly so is feasible. It improves existing classes and is an efficient use of resources because it will keep our curriculum current with the times.
- *What would be the campus location of this request/project?*
  - The aerobics teaching areas include Gym 101, 202 and 203 in bldg. 5.
- *How many students (per year) will benefit?*
  - 600-700 students
- *How will students benefit?*
  - The availability of a variety of hand weights will allow students to work at more appropriate levels. A good sound system and microphone enables every student to hear directions and the rhythm of the music.

**Section II: Linking Planning to Budgeting - If you need Resources:**

**4. Describe the resources needed**

*Please be specific about the actual equipment/resources that you need. In addition, complete the Initiative Spreadsheet for each resource requested.*

- Sound system and microphone.
- Various specialty-formatted CDs for specific classes.
- Individual mats.
- Hand weights (3-12lbs) 5lbs. weights (5-10 sets)
- Heart rate and perceived exertion charts.
- weightlifting bars
- exercise balls
- small yamana balls
- Bands for the legs.

General Fund Dollars of \$5,000

**5. List the possible funding sources**

- *Can this project be partially funded?*
  - Yes, even half of what we need would alleviate the need.
- *If so, what portion could be funded at what minimum cost?*
  - \$2,500
  -

If the funding source is Carl Perkins:

**5. How does the request meet one or two of the Carl Perkins act goals?**

*Lane Community College*  
*Unit Planning: Instruction & Student Services*  
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**6. Provide ORG & PROG codes**

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111000

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*Lane Community College*  
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VP/AVP/ED Responsible	Division/Unit	Division Priority	Date of Initiative	Expected completion date	Initiative Title	Resource Description	\$\$	Recurring / NonRecurring	Resource Type (mark with an "X")				Funding Sources (mark with an "X")							
									Payroll	Equipment	Space	Other	Existing	New Gen Fund	Carl Perkins	Stud Tech Fee	Curr Dev	Recruitment	Other	
PL	HPE	1	11/15/2005	6/1/2006	Provide students with continued access to a diverse curriculum	Replacement for retired faculty	Savings	R	x					x						
PL	HPE	2	11/15/2005	6/15/2006	Fitness Training Program Enhancements	Instructional assistants	\$68,572	N	x							x	x			
PL	HPE	2	11/15/2005	6/15/2006	Fitness Training Program Enhancements	Equipment and instructional aids.	\$17,282	N		x						x	x			
PL	HPE	3	11/15/2005	6/15/2006	Sustain Quality of Instruction and Instructional Services in TERP	Instructional assistants	\$33,252	R	x						x					
PL	HPE	4	11/15/2005	6/15/2006	Reclaim PE 132 for Instruction	Quiet classroom space	\$0	R			x								x	
PL	HPE/Athletics	5	11/15/2005	6/15/2006	Increase Athletic Training opportunities for student-athletes	Increase of FTE of Trainer	\$42,805	R	x						x					x
PL	HPE/Athletics	5	11/15/2005	6/15/2006	Increase Athletic Training opportunities for student-athletes	Equipment	\$2,000	N		x					x					x
PL	HPE	6	11/15/2005	6/15/2006	Classroom response software tools.	Clickers in the classroom	\$1,900	N		x					x		x			x
PL	HPE/Athletics	7	11/15/2005	9/15/2007	Track resurface	Track resurfacing	\$200,000	N		x					x				x	x
PL	HPE	8	11/15/2005	6/15/2006	Provide students with expanded access to a diverse Health education curriculum.	New 1.0 FTE Health Position	\$72,970	R	x						x					
PL	HPE/Athletics	9	11/15/2005	6/15/2006	Student-athlete support and retention	Expand scholarships and academic services to student-athletes.	\$62,500	R	x						x				x	x
PL	HPE	10	11/15/2005	6/15/2006	Safety for Archery and Fitness classes	Archery safety net and resurface asphalt ramp to track.	\$7,500	N		x					x					x
PL	HPE	11	11/15/2005	9/25/2006	Provide student access to a Health Degree	ASOT in Health 300 hrs CD	\$11,121	R	x				x	x	x			x	x	
PL	HPE	12	11/15/2005	12/20/2006	Increase access to buiding 5	Elevator for building 5	\$250,000	N		x	x				x		x			x
PL	HPE	13	11/15/2005	6/15/2006	Equipment purchases for Aerobic offerings	Expand equipment in Aerobic classes	\$5,000	N		x					x					x
PL	HPE/Athletics	14	11/15/2005	12/20/2006	Pro-active with Special Events Recruitment	Market Facilities for revenue	\$0	N		x	x			x					x	x
PL	HPE	15	11/15/2005	9/15/2006	Provide student access to Distance Learning	Develop online Human Sexuality Class 100 hrs CD	\$3,707	N	x									x	x	
PL	HPE/Athletics	16	11/15/2005	9/15/2006	Create a Student Recreation Lounge	Space for Student Recreation Facility	\$0	N			x			x						x