

Child Care Community Newsletter

Family Connections of Lane and Douglas Counties

Summer 2011 • 541-463-3954 • 1-800-222-3290



SUMMER FUN



The warm days of summer are a great time for kids to head outside for fun in the sun. The following games from Penny Warner's book, *"Kids' Outdoor Parties"* (Meadowbrook Press), are great to get kids outdoors and having fun.

- 1. Big Foot Relay.** Have the children bring two shoeboxes with them. Tape the lids onto the boxes, then cut a one-inch-wide and four-inch long slit in each top. Have the contestants slip their feet into the slits in the boxes and race.
- 2. Batty Bowling.** Find a number of silly or odd items that can be knocked over by a ball, such as a plastic milk carton, a candlestick, a plastic vase of flowers, a tower of empty cans, an empty oatmeal container. Line them up like bowling pins and let the bowlers try to knock them over with volleyballs, tennis balls, or golf balls.
- 3. Name-It Ball.** Have players form a circle. Give one player a rubber ball. That player selects a category, such as "candy bars." He or she then bounces the ball to another player in the circle, who must catch the ball, state an item from the category, such as "Snickers," and keep the ball moving to the next player. If the player can't name an item, holds the ball too long, or repeats an item, he or she is out.
- 4. Blind Walk.** Create an obstacle path from one end of the yard to the other. Line up the contestants and let them have a good look at the path. One at a time, blindfold the children and have them walk the path without looking. Note each player's time on the scoreboard.
- 5. Cross Step.** Draw a ten-by-ten grid on the sidewalk or patio with chalk. Have each player stand on a different square. One at a time, each player must move to a new square after crossing out the square she or he was formerly standing in. The trick is that players cannot step into a square that is occupied or crossed out. If a player cannot move to a new square, he or she is out. The game continues until one player is left.
- 6. Pick Pocket Tag.** Put a strip of cloth in each player's back pocket. Have the players try to grab each other's strips without having their own strip taken. The player with the most cloth strips wins the game.
- 7. Kill the Cockroach.** Divide the players into two teams. Line them up, one in front of the other and set an odd object in front of the first players in line. They must kick the object across the yard and then across the finish line to win a point for their team. Kick things like a pillow, empty can, a sock, and so on.
- 8. Drag the Body.** Divide the group into two teams. Give each team a blanket. Have one player from each team lie down on the blanket. The teams must drag the body on the blanket from one end of the yard to the other. Whoever crosses the finish line first, wins.

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Visit the FC website for more information
www.lanecc.edu/lfc

July-September

1

2011

Read All About It



Thank you to all who helped make our Provider Appreciation Event a special time!

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Old Dominion Collision Repair Center
& AFSCME

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AFT Oregon

Door Prize Sponsor

Eugene Hearing and Speech Center

~ Door Prize Donors ~

- Bounce Gymnastics
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- Yogi Tea
- Sweet Life Patisserie
- Trader Joe's
- Springfield Hot Tub Rentals
- National Academy of Artistic Gymnastics
- LCC Culinary Arts and Hospitality Management Program
- Caprice Day Spa
- Dutch Bros. Coffee Co.
- Euphoria Chocolate Co.
- Gervais Spa
- Kathryn Downey Designs
- Lakeshore Learning
- New Day Bakery
- Onsen Hot Tub Rentals
- Splash! Lively Park Swim Ctr.
- Stacy Graves, LMT
- Titan Store
- Voodoo Doughnut

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## ~ Massage Therapists ~

Stacy Graves, LMT, Steve Cable, LMT,  
Wildflower Massage Therapy,  
and Body Bliss Massage



## DHS News

### DEPARTMENT OF HUMAN SERVICES

DHS Specialist Contact:

Katy Fuller at 463-3305 or

Fullerk@lanecc.edu

## About the Direct Pay Unit

The Direct Pay Unit (DPU) is the office for providers to contact for listing, billing and payment related issues and questions.

DPU is an office within the ERDC program that processes payments for child care providers. The DHS Direct Pay Unit processes approximately 1,800 provider applications and 14,000 billing forms each month.

DHS staff works with Child Care Resource and Referral Agencies (CCR&Rs) and other community partners to help families find and maintain safe, dependable child care.

If a family is eligible for ERDC child care assistance, the subsidy is paid directly to the child care provider through DPU in Salem. Providers must be "listed" with DPU before a payment can be issued - have submitted an application, and authorized a background check for themselves and all members of their household over the age of 16. The listing form must be received and processed before a billing form can be sent to you. You will need to receive a billing form so you can be paid.

In order to encourage providers to pursue training in child care subjects, and to reward those who make that effort, DHS is authorized to pay a higher rate, called the enhanced rate, to childcare providers who are listed on the Oregon Registry. In order to be listed on the Oregon Registry, providers must meet certain standards of training.

## Working with the Direct Pay Unit

**Questions about the family's eligibility** -- should be directed to the family or the local DHS office.

**If you haven't received a listing or billing form** -- talk with the family, the local DHS office or DPU. You can also call your local Child Care Resource & Referral agency for help.

**If you have a problem with or question about a listing or billing form you've sent in** -- call DPU at 1-800-699-9074 (503-378-5500 if calling from the Salem area). Please allow seven to ten working days for your billing form to be processed.

**If you have changes in your household or in your services to the client** -- DPU needs to know about any changes in the child care situation that affect payment. To tell DHS about a change, call DPU at 1-800-699-9074 (or 503-378-5500 in the Salem area) or use a Provider Report form (DHS 7496).

### Changes must be reported within 10 days, including:

- Changes to your name, address or phone number
- Arrests, convictions or involvement with Child Welfare for anyone age 16 or older in their home or facility.
- Any persons age 16 or older moving in or out of their home.
- You stop providing care for a family.

Depending on the change reported, you may be sent a new Child Care Provider Listing form (DHS 7494) to complete. Please return the completed form to the Direct Pay Unit within 10 days.



**Children are the living messages we send  
to a time we will not see.**

~Neil Postman,  
The Disappearance of Childhood  
(introduction), 1982

## Required classes for CCD Registration or Enhanced DHS

### Food Handler Permits

FC offers the child care version of the Food Handler's manual (blue book) and testing in a self study option ONLY. For a manual and instructions, please contact FC office. Cost for the self study packets is \$10.00 per permit. There is also an online option @ [www.childcarefoodhandler.org](http://www.childcarefoodhandler.org)

### First Aid/CPR Training

**Receive a 2 year First Aid/CPR Certification. Cost \$40.00 person**

Saturday, July 23, 9:00 am- 2:00 pm, LCC Main Campus

Saturday, August 13, 9:00 am- 2:00 pm, LCC Main Campus

Saturday, September 17, 9:00 am- 2:00 pm, LCC Main Campus

Espanol: Saturday, July 16, 9:00 am- 2:00 pm, LCC Main Campus

### Recognizing & Reporting Child Abuse and Neglect Attend this class once. Cost \$10 person/\$5.00 DHS Listed

Saturday, July 16, 9:00 am - 11:00 am, LCC Main Campus

Thursday, August 18, 6:30pm - 8:30 pm, LCC Main Campus

Thursday, September 15, 6:30pm - 8:30 pm, LCC Main Campus

Espanol: Wednesday, July 20, 6:30pm - 8:30 pm, LCC Main Campus

## Required Training

### Family Child Care Overview

Required class for registration  
with the  
Oregon Child Care Division

Saturday, July 9, 9:00am-Noon

Location: LCC Main Campus

Tuesday, August 9, 9:00am-Noon,

Location: LCC Main Campus

Tuesday, September 13, 6:00-9:00pm

Location: LCC Main Campus

Espanol: Tuesday, July 12, 6:00-9:00pm

Location: LCC Main Campus

To register call or mail form below to FC. We accept Visa/Mastercard or Debit payments over the phone or by mail.

DO NOT MAIL CASH. You will receive a reminder letter after we receive your registration and payment. If you need to cancel you MUST call at least two days before the class. Refunds are vouchers for classes. You will be notified if a class is full. Registrations mailed the week of a class may not be received or processed in time to complete your registration. For more information call (541) 463-3954/1-800-222-3290.

**\*If you need disability accommodations in order to attend or participate in this event, please contact Disability Resources (541) 463-5150 (voice) or 463-3079 (TTY) at least one week in advance.**



### Summer Reading Spots Increase Early Literacy

This year's Summer Reading Spots begin June 28 and will be open every Tuesday, Wednesday and Thursday from 1:00 to 2:00 p.m. through the end of August. Located at Willamalane Park Swim Center in Springfield and Peterson Park in Eugene's Bethel area, Summer Reading Spots provide free literacy experiences for children living in low-income neighborhoods. Summer Reading Spots offer opportunities for children to practice their reading in a fun, non-judgmental environment. They also receive free books to take home for their own libraries.



### Your Child Can Have Health Coverage

*Healthy Kids provides no cost, low-cost and full-cost health coverage options for uninsured Oregon children and teens up to 19 years of age.*

1-877-314-5678

[www.OregonHealthyKids.gov](http://www.OregonHealthyKids.gov)

### ✦ ✦ Upcoming Trainings ✦ ✦

Save The Date!

August 19th & 20th, 2011

Oregon Family Child Care Network (OFCCN) invites you to our "Taking Care of Business" Conference featuring Tom Copeland in Salem, Oregon

1-503- 551-7609

\*\*\*\*\*

OAEYC Fall Conference

October 14 & 15, 2011

at the Sheraton - Portland Airport

For details : <http://oregonaeyc.org/conferences.htm>

Email: [OAEYC@oregonaeyc.org](mailto:OAEYC@oregonaeyc.org)

Phone: 503-496-3991 or 1-800-452-3610

\*\*\*\*\*

Early Childhood Care Conference

October 21-22nd Roseburg, OR

More info coming soon!

\*\*\*\*\*

NAEYC Annual Conference

November 3-6, 2010

Convention Center NAEYC [www.naeyc.org](http://www.naeyc.org)

Wednesday - Saturday Anaheim, CA

1-800-424-2460

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Oregon Afterschool Fall Conference

check WEBSITE for dates and times

OregonASK [www.oregonask.com](http://www.oregonask.com)



Nonprofit Organization  
U.S. POSTAGE PAID  
Eugene, Oregon  
Permit No. 94

Family Connections of Lane and Douglas Counties  
4000 East 30th Avenue ■ Eugene, Oregon 97405

### CLASS REGISTRATION/PAYMENT FORM

**Mail completed registrations and payments to:** Family Connections/LCC, 4000 E. 30th Avenue, Eugene, OR 97405

**Fax completed registrations to:** (541) 463-4724 with your credit card number and expiration date

Name: \_\_\_\_\_ \* Lane Student ID # L\_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ ☐ My student file is confidential

Home Phone \_\_\_\_\_ Email address \_\_\_\_\_

Permanent (Main) Address \_\_\_\_\_ Zip \_\_\_\_\_

| Name of Classes (Print PLEASE) | Date of Class | Cost  | PAYMENT TYPE           |                     |
|--------------------------------|---------------|-------|------------------------|---------------------|
| _____                          | _____         | _____ | Check # _____          | Money order # _____ |
| _____                          | _____         | _____ | Debit Card _____       | Visa Card _____     |
| _____                          | _____         | _____ | Master Card _____      | _____               |
| _____                          | _____         | _____ | Card Number: _____     | _____               |
| _____                          | _____         | _____ | Expiration Date: _____ | _____               |

TOTAL ENCLOSED PAYMENT \$ \_\_\_\_\_

Type of child care you work for:

Exempt \_\_\_\_\_ Registered Family Child Care \_\_\_\_\_

Certified Family Child Care \_\_\_\_\_

Center Staff \_\_\_\_\_ Employer \_\_\_\_\_

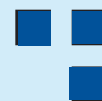
Card holders name as it APPEARS EXACTLY on Card \_\_\_\_\_

Mailing address of card holder if different from above: \_\_\_\_\_

Signature of card holder: \_\_\_\_\_

**Family Connections of Lane and Douglas Co.**





## COOKING AND EATING TOGETHER

Parents, grandparents, and youngsters cooking together in the kitchen, sharing family recipes and secrets passed from one generation to the next, is a lost art in many households across America. These days, it's hard for busy parents even to take time out to teach their kids basic cooking techniques.

It's true that cooking with children requires time, patience, and some extra cleanup, especially when the children are younger. But many experts think it is well worth the effort.

For one thing, cooking with children can help get them interested in trying healthy foods they might normally turn up their noses at. Susan Moores, MS, RD, a spokeswoman for the American Dietetic Association, says she has seen this happen countless times.

It's true kids will be kids -- they'll snack on chips at a school party or enjoy ice cream after a soccer game. But what is most important is how they eat most of the time, Moores says. And that's where parents can play a role. Keep in mind that for kids today, healthy eating essentially means eating more fruits and vegetables, having whole grains and beans when possible, and choosing leaner types of animal foods (even some fish every now and then.)

Encouraging kids to try healthier foods isn't the only benefit of cooking as a family. Among the recommendations in an American Heart Association report on overweight problems in children and teens were:

- Reducing the number of meals eaten outside the home.
- Having structured times for family meals.
- Offering healthier, low-calorie foods.
- Involving children in meal planning, shopping, and food preparation.

Indeed, cooking with children can be the gift that keeps on giving; it has both short-term and long-term payoffs. Some of the short-term benefits:

- It encourages kids to try healthy foods.
- Kids feel like they are accomplishing something and contributing to the family.
- Kids are more likely to sit down to a family meal when they helped prepare it.
- Parents get to spend quality time with their kids.
- Kids aren't spending time in front of the TV or computer while they're cooking.

- Kids generally aren't eating junk food when they're cooking a meal at home.

Some long-term benefits:

- Learning to cook is a skill your children can use for the rest of their lives.
- Kids who learn to eat well may be more likely to eat healthfully as adults.
- Positive cooking experiences can help build self-confidence.
- Kids who cook with their parents may even be less likely to abuse drugs.

[www.webmd.com](http://www.webmd.com)



Recall when family meals, sit-down-at-the-table-meals, were an everyday occurrence? Today it seems like more and more families are either eating on the go or maybe even in shifts. Family meals do not have to be a thing of the past. Enjoying a sit-down family meal at least once or twice a week will benefit all family members – regardless of age.

**Find the time –** With everyone's busy schedule, find the time to have a few days a week when you are able to eat together. If everyone is not able to eat together, make sure you sit with your child while she eats.

**Remove Distractions -** Turning off the TV, turning down the radio, and not answering the phone are all ways to take the distractions out of mealtime.

**Take Turns –** When including your child in the conversation, make sure to allow time for her to respond. As your child grows, respond to conversations she initiates. Ask questions about her day and what she did. As your child gets older, you will be able to ask questions about her day and practice the "give and take" of conversation.

**Plan a Picnic –** Take your meal out of the home. A picnic in a park, or in a location other than home, will give you and your child new and different things to talk about.

[www.pbs.org/](http://www.pbs.org/)

Visit our web site at : [www.lanecc.edu/lfc](http://www.lanecc.edu/lfc)

## MOBILE FROM BEACH TREASURES

On your walks along sandy beaches, and in and out of tide pools, you'll find all sorts of things besides shells. Look for pieces of driftwood and beach glass; search for empty crab shells, and horseshoe crab shells (which aren't really crabs, but more closely related to spiders!). See if you can find skate egg-cases and barnacle encrusted bits of shell and stones. If you comb the beaches in warmer areas you might find coral (some types can be found as far north as Massachusetts), or sea urchins and sand dollars. What can you do with all these treasures? Make a mobile and hang some of your finds together as a memento of your seaside

adventures.

Use the driftwood as the supports and hang the smaller items with white thread. It takes some practice to balance all the elements, both artistically as well as physically, but this is a good rainy day project, when spending time on the beach is not possible.



## ZANY ZOO ADVENTURE



At Zany Zoo there are very active members in our community offering educational presentations onsite and off, including a free "Hands on" petting zoo every weekend for kids and the young at heart. Go to [zanyzoopets.com](http://zanyzoopets.com) for more information or call 541-345-3430.

## EXPLORE THE WORLD, ONE BOOK AT A TIME!



Explore the world, one book at a time! Visit any of the libraries in Lane or Douglas County throughout the summer to join in the Summer Reading Program. Participation is FREE and the fun lasts all summer long. Douglas County Children through 6th grade will receive a free book bag, books on each visit and a chance at the "prize box" as they maintain and enhance their reading skills throughout the summer. Please call: 541.440.4305 or your local library for more details. Lane County has a Summer Reading program that keeps students' skills up while school's out! Kids and teens get a free book when they sign up for Summer Reading, courtesy of Friends of the Library. Sign-ups begin Saturday, June 4 at all locations. Please call 541-682-5450 for more information.

## SUMMER FUN IN LANE & DOUGLAS COUNTIES

### Lane County:

Summer in the City 2011 presented by City of Eugene  
Eugene sizzles! You and your visitors are invited to spend summer outside enjoying over 40 free events of outdoor live music events, movies, breakfasts at bike bridges, and skate competitions. Enjoy open air movies in our local parks and bring a picnic to the much-loved Sunday evening concerts in Washburne Park. Head downtown on Wednesday evenings to our beautiful brick plaza, Kesey Square, and take part in a huge variety of fun events, including dodgeball, opera, a fashion show hosted by local artists, a Drawing Marathon, and events especially designed for children.

#### Details:

- All dates and detailed info at [eugene-or.gov/SummerintheCity](http://eugene-or.gov/SummerintheCity) and [eugeneagogo.com](http://eugeneagogo.com).
- Most events are especially designed for families.
- All events are free. For Downtown events, there is a suggested donation of one can of food for FOOD for Lane County or \$1/adult benefiting the listed non-profit organization. To compete in the Skate Competitions is \$3.
- Bring chairs to downtown; blankets, lawn chairs and picnics to the parks.
- No glass containers, alcohol, smoking, or pets.
- All movies will have subtitles for the hearing impaired.
- Subject to change or cancellation due to weather.

For more information on these events and other's throughout Lane county log on to [www.travellanecounty.org](http://www.travellanecounty.org), or you can contact Katy at Family Connections of Lane & Douglas County 541.463.3305 or [FullerK@lanecc.edu](mailto:FullerK@lanecc.edu). Enjoy your summer!!

### Douglas County:

Saturday Market. April – October 9am-1pm. 2052 Diamond Lake Blvd.

#### July

Movies in the Park. Stewart Park – FREE every Friday through the month of July.

Entertainment starts at 7:30pm, movie at dusk. 541.492.6730

Riverbend Concert Series. Riverbend Park. Fridays and Sat. 7/23 7-9pm

Myrtle Creek Music in the Park. Millsite park 6:30-8pm – Thursdays  
Music on the Half Shell. Stewart Park. Tuesdays 7pm.

Graffiti Weekend - July 6-10

Sutherlin Stampede Rodeo & Timber Parade – July 15-16

Pepsi Float 7/16 - Float from Amacher to River Forks Park for fun activities/BBQ.

River Appreciation Day 7/16 – Float from Colliding Rivers to Whistler's Bend.

Myrtle Creek Summer Festival July 28-31

#### August

Dune Fest Aug. 3-7 Winchester Bay.

Celtic Highland Games - Aug. 19-21st Riverbend Park. Winston. [www.dcsots.org](http://www.dcsots.org)

Sutherlin Blackberry Festival - Aug. 19-21 Central Park. [www.sutherlinbbfest.org](http://www.sutherlinbbfest.org)

Canyonville Pioneer Days – Aug. 25-28 Pioneer Park. 541.839.6966  
September

Annual Melon Festival Sept. 9-11 Riverbend Park. Winston.

### Family Connections of Lane & Douglas Counties

4000 East 30th AVE Eugene, OR 97405

541-463-3954 OR 1-800-222-3290 Fax: 541-463-4724

Parent Consultant Katy Fuller @ [FullerK@lanecc.edu](mailto:FullerK@lanecc.edu)

# Lane County Child Care Training Bulletin: July- September 2011

All workshops count toward the Child Care Division training requirements. Child Development Hours are any

CKC but PM and PPLD. CKC refers to Core Knowledge Category

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| Date/Time                                                        | Workshop                                                                                           | Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Trainer                                                       | Location           | Cost                                                                             |
|------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|--------------------|----------------------------------------------------------------------------------|
| <b>SUMMER REGISTRATION STARTS July 1</b>                         |                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                               |                    |                                                                                  |
| July 16<br>Saturday<br>9:00-1:00<br>4 Hours                      | <b>The Director's Series<br/>Part 5<br/>CKC</b><br>Personal, Professional<br>& Leadership<br>Set 1 | <b>A Great Place To Work: Creating a Healthy Organizational Climate.</b> This class will help Directors of Centers or Certified Family define more precisely how the dimensions of a center shape the quality of work life for staff. It will help you look at your program in terms of collegiality, opportunities for professional growth, supervisor support, clarity, reward system, decision making, goal consensus, task orientation, physical setting, and innovation. The ideas in this class will help you sharpen your leadership skills and make your center A Great Place to Work. | Heather O'Leary<br>Family Connections<br>Program Director     | LCC Main<br>Campus | \$25.00<br>includes<br>book                                                      |
| August 4<br>Thursday<br>7:00-9:00pm<br>2 Hours                   | <b>Summer Science<br/>Spectacular<br/>CKC</b><br>Learning Environment<br>& Curriculum<br>Set 1     | <b>What can science do for you?</b> Summer: Spend time playing! Science: See science in action! Spectacular: sample simple science activities to bring back to your program and share with your families.                                                                                                                                                                                                                                                                                                                                                                                      | Pamela DuVall, MAT<br>Master Trainer                          | LCC Main<br>Campus | \$10.00                                                                          |
| August 13<br>Saturday<br>9:00-3:30pm<br>All 3 Modules<br>6 Hours | <b>Child Care<br/>Health &amp; Safety<br/>CKC</b><br>Health, Safety & Nutrition<br>Set 1           | <b>Child Care Health &amp; Safety<br/>Module 2: Healthy Bodies</b><br>Gain information about healthy child growth, developmental milestones and individual differences. Learn about the importance of physical activity to promote child health and development and prevent obesity. Please note: This session was formerly titled, Healthy Growth & Development.                                                                                                                                                                                                                              | Sonia Thomas, BS<br>Master Trainer                            | LCC Main<br>Campus | \$35.00<br>for all 3<br>modules<br>(6 hours)<br>includes<br>binder of<br>modules |
| August 13<br>Saturday                                            | <b>Child Care<br/>Health &amp; Safety<br/>CKC</b><br>Health, Safety & Nutrition<br>Set 1           | <b>Module 4: Healthy Practices</b><br>Learn how to prevent illness through sound hand washing and sanitation practices. Gain information about typical childhood illness. Be up-to-date on immunization requirements in child care. Please note: This session was formerly titled, Preventing Illness.                                                                                                                                                                                                                                                                                         | Sonia Thomas, BS<br>Master Trainer                            | LCC Main<br>Campus |                                                                                  |
| August 13<br>Saturday                                            | <b>Child Care<br/>Health &amp; Safety<br/>CKC</b><br>Health, Safety & Nutrition<br>Set 1           | <b>Module 5: Safe Practices</b><br>Learn how to prevent injuries and keep your environment safe. Gain information about the most common risks and injury types in young children. Identify ways to prevent suffocation and SIDS in child care settings. Please Note: This session was formerly titled, Preventing Injuries.<br><b>Must take all modules: 2 hours each for a total of 6 hours.</b>                                                                                                                                                                                              | Sonia Thomas, BS<br>Master Trainer                            | LCC Main<br>Campus |                                                                                  |
| September 10<br>Saturday<br>9:00- 12:00pm<br>3 Hours             | <b>Growing Up Wild<br/>CKC</b><br>Learning Environment<br>& Curriculum<br>Set1                     | <b>Growing Up Wild</b> is an early childhood education program that builds on children's sense of wonder about nature and invites them to explore wildlife and the world around them. Through a wide range of activities and experiences, Growing Up Wild provides an early foundation for developing positive impressions about nature and lifelong social and academic skills.                                                                                                                                                                                                               | Terri Hansen<br>Master Trainer<br>Family Connections<br>Staff | LCC Main<br>Campus | \$25.00<br>plus<br>activity<br>book                                              |
| September 13<br>Tuesday<br>6:30-8:30pm<br>2 Hours                | <b>Introduction to<br/>Choice Making<br/>CKC</b><br>Understanding and<br>Guiding Behavior<br>Set 1 | <b>Intervention for Challenging Behaviors</b><br>The focus of this class is on the use of choice making as an intervention for challenging behavior in the classroom. Participants will leave with a variety of strategies to support the best choices in their classroom. This class will provide participants with knowledge of developmentally and culturally appropriate positive guidance strategies.                                                                                                                                                                                     | Renee Van Norman<br>Ph.D.<br>Pearl Buck<br>Preschool Director | LCC Main<br>Campus | \$10.00                                                                          |

\*\*\*\*\*

Family Connections is looking for class monitors: providers who are willing to help with rosters, evaluations and certificates. In return, we would be offering scholarships for classes to interested providers.

Please call Lynn at 541-463-3307



# READ & REFLECT (PLANNED READING)



## Modules

### 1. Infant and Toddler Physical Development

#### >Core Knowledge Category: Human Growth and Development

Learn about the physical development of newborns to 36 months, how to identify potential challenges that impact physical development and how it effects all areas of a child's growth and development.

### 2. Integrating Literacy Strategies

#### >Core Knowledge Category: Learning Environments and Curriculum

Discover methods for integrating literacy activities in all areas of your programs and how having a writing center and a library isn't enough anymore.

### 3. Parents as Partners

#### >Core Knowledge Category: Family and Community Systems

Learn creative ways to encourage parents to participate. Parental support is a key indicator of success and helps children connect at school and in the community.

### 4. Using Observations in the School Age Setting

#### >Core Knowledge Category: Observation and Assessment

Learn about using observation with school age children and ways to encourage learning while supporting teachers and parents at the same time.

### 5. Math: Not Just about Numbers

#### >Core Knowledge Category: Learning Environments and Curriculum

Math is all around us but many of us fear it! Learn ways to support parents and teachers with math phobia.

### 6. Helping Children with Angry Feelings

#### >Core Knowledge Category: Understanding and Guiding Behavior

Learn how to guide children through the feelings of anger and help children who need support managing strong feelings.

## How to Participate

**R**quest a packet from your local Child Care Resource and Referral (CCR&R) program. (See list of programs on back of flier.)

**R**ead the materials, complete the workbook exercises, take a multi-choice test and complete the evaluation.

**R**eturn the completed workbook, test and evaluation to the CCR&R for review.

**R**ecieve a certificate for **one** clock-hour of training.

**Cost:** \$15



**Oregon Child Care Resource & Referral Network**  
805 Liberty St. NE Suite 2, Salem, Oregon 97301 - 800.342.6712  
[www.oregonchildcare.org](http://www.oregonchildcare.org)

Family Connections of Lane and Douglas Counties 541.463.3954 or 800.222.3290



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| Date/Time                                           | Workshop                                                    | Description                                                                                                                                                                                                                                                                                                                                 | Trainer                                                                             | Location                              | Cost    |
|-----------------------------------------------------|-------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------|---------|
| July 5<br>Tuesday<br>9:00-12:00pm<br>3 Hours        | <b>Family Child Care Overview</b>                           | <b>Summer registration starts July 1</b><br>Overview is a requirement for becoming licensed as a registered family child care provider. The overview gives those interested in becoming licensed information about how to become registered, the Oregon rules and an introduction to other agencies and supports.                           | Anna Aasen<br>Family<br>Connections<br>Staff                                        | Douglas Co.<br>Employment<br>Deptment | Free    |
| July 13<br>Wednesday<br>6:00-8:00pm<br>2 Hours      | <b>DHS Exempt Family, Friends and Neighbors Orientation</b> | Do you receive payment from DHS for caring for the children of a family, friend or neighbor? This is a child care provider orientation for providers that are not required to be licensed. Learn about the DHS listing and billing process. Find out how you can earn higher reimbursement rate.                                            | Anna Aasen<br>Family<br>Connections<br>Staff                                        | Douglas Co<br>ESD                     | Free    |
| July 14<br>Thursday<br>6:00-8:00pm<br>2 Hours       | <b>Recognizing and Reporting Child Abuse and Neglect</b>    | Child care and education providers are mandatory reporters of suspected incidents of child abuse and neglect in the state of Oregon. Learn the process for reporting incidents of child abuse or neglect for which they have reasonable cause to believe have occurred.                                                                     | Susan Potter<br>Director of Child<br>Care Phoenix<br>School                         | Douglas Co<br>ESD                     | \$10.00 |
| July 16<br>Thursday<br>9:00-2:00pm<br>5 Hours       | <b>Pediatric First Aid and CPR</b>                          | This emergency medical response curriculum is ideal for child care providers, teachers, parents and youth sport coaches. It teaches emergency response skills and prevention strategies for the care of infants and children, as well as adults.                                                                                            | Kelly Heichel<br>Community<br>Trainer                                               | Community<br>Cancer Center            | \$40.00 |
| August 18<br>Thursday<br>6:00-8:00pm<br>2 Hours     | <b>Freeplay! CKC Learning Environment &amp; Curriculum</b>  | Creating fun, educational craft projects for children in your care doesn't have to break the bank. This class will inspire you to see ordinary objects around your home and backyard in a new creative light. Thought that was just a leaf? Guess again! Hands on activities and creative ideas make this class one you won't want to miss. | Kelly Hibbert<br>Art Instructor,<br>Independent<br>Licensed Visual<br>Arts Educator | UCC<br>Wayne Crooch<br>Hall<br>Rm#20  | \$10.00 |
| September 10<br>Saturday<br>9:00-12:00pm<br>3 Hours | <b>Family Child Care Overview</b>                           | Overview is a requirement for becoming licensed as a registered family child care provider. The overview gives those interested in becoming licensed information about how to become registered, the Oregon rules and an introduction to other agencies and supports.                                                                       | Anna Aasen<br>Family<br>Connections<br>Staff                                        | Douglas Co.<br>Employment<br>Deptment | Free    |
| September 14<br>Wednesday<br>6:00-8:00pm<br>2 Hours | <b>DHS Exempt Family, Friends and Neighbors Orientation</b> | Do you receive payment from DHS for caring for the children of a family, friend or neighbor? This is a child care provider orientation for providers that are not required to be licensed. Learn about the DHS listing and billing process. Find out how you can earn higher reimbursement rate.                                            | Anna Aasen<br>Family<br>Connections<br>Staff                                        | Douglas Co<br>ESD                     | Free    |
| September 15<br>Thursday<br>6:00-8:00pm<br>2 Hours  | <b>Recognizing and Reporting Child Abuse and Neglect</b>    | Child care and education providers are mandatory reporters of suspected incidents of child abuse and neglect in the state of Oregon. Learn the process for reporting incidents of child abuse or neglect for which they have reasonable cause to believe have occurred.                                                                     | Susan Potter<br>Director of Child<br>Care Phoenix<br>School                         | Douglas Co<br>ESD                     | \$10.00 |
| September 17<br>Saturday<br>9:00-2:00pm<br>5 Hours  | <b>Pediatric First Aid and CPR</b>                          | This emergency medical response curriculum is ideal for child care providers, teachers, parents and youth sport coaches. It teaches emergency response skills and prevention strategies for the care of infants and children, as well as adults.                                                                                            | Kelly Heichel<br>Community<br>Trainer                                               | Community<br>Cancer Center            | \$40.00 |

### *A BIG Spring Fling Thank you!*

Spring Fling was a success! With almost 60 people attending to hear Scott Purcell speak on "Love & Logic," the evening was both educational and fun. Many people walked away with some great donations from local vendors that ranged from coffee cards to overnight stays and dinner at Seven Feathers Casino. Thank you to all of you who attended and to all who contributed their time and resources! We are already thinking about the possibilities for next year and would love to hear your input.

Thank you to the following donors for your generous contributions:

Seven Feathers Casino  
Fred Meyer  
My Coffee  
Ten Down Bowling  
Abby's Pizza  
Terri Hansen  
Heather O'Leary  
Lakeshore  
Folkmani's Puppets

Kruse Farms  
Costco  
Kidz Zone Play & Party Center  
Alexander's Greek Restaurant  
Lynn Reiling  
Anna Aasen  
Ellen Gabehart  
Dutch Bros  
Family Connections



### **Spring Fling May 21, 2011**



And.... to Faye Zepeda from AFSCME, for joining us to provide resources and answer questions for licensed child care providers. Thank you for your support!



### **Explore the world, one book at a time!**

Visit any of the eleven Douglas County libraries throughout the summer to join in the Summer Reading Program. Participation is FREE and the fun lasts all summer long. Children through 6th grade will receive a free book bag, books on each visit and a chance at the "prize box" as they maintain and enhance their reading skills throughout the summer. Please call: 541-440-4305 or your local library for more details.

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### **Summer Fun in Douglas County**

Saturday Market, April – October 9am-1pm  
2052 Diamond Lake Blvd

#### **July**

**Movies in the Park**, Stewart Park, FREE every Fri. through the month of July Entertainment starts at 7:30pm, movie at dusk. 541-492-6730

**Riverbend Concert Series**- Riverbend Park- Fridays and (Sat. 7/23) 7-9pm

**Myrtle Creek Music in the Park**- Millsite Park 6:30-8pm, Thursdays

**Music on the Half Shell**-Stewart Park- Tuesdays 7pm.

**Graffiti Weekend** - July 6-10

**Sutherlin Stampede Rodeo & Timber Parade** – July 15-16

**Pepsi Float** 7/16 - Float from Amacher to River Forks Park for fun activities/BBQ.

**River Appreciation Day** 7/16 – Float from Colliding Rivers to Whistler's Bend.

**Myrtle Creek Summer Festival** July 28-31

#### **August**

**Dune Fest** Aug. 3-7 Winchester Bay.

**Celtic Highland Games** - Aug. 19-21st

Riverbend Park, Winston [www.dscots.org](http://www.dscots.org)

**Sutherlin Blackberry Festival** - Aug. 19-21 Central Park  
[www.sutherlinbbfest.org](http://www.sutherlinbbfest.org)

**Canyonville Pioneer Days** – Aug. 25-28 Pioneer Park  
541-839-6966

#### **September**

**Annual Melon Festival** Sept. 9-11 Riverbend Park, Winston

### **Upcoming Conferences**

#### **"Taking Care of Business" with Tom Copeland**

August 19-20th Salem, OR

Sponsored by Oregon Family Child  
Care Network

For more details please visit the OFCCN  
site <http://oregonfamilychildcarenetwork.org/>  
Or call 503-551-7609

#### **Early Childhood Care Conference**

October 21-22nd Roseburg, OR

Keynote speaker: Richard Cohen

More info coming soon!

**To register for Family Connections  
classes in Douglas County  
or for assistance with questions:  
Please contact Anna Aasen in the  
Douglas County office 541-672-7955  
or [aasena@lanecc.edu](mailto:aasena@lanecc.edu)**

Learn the benefits of going "PRO"  
call Shelby Shaw at 541-677-9157 to  
learn more about joining the Douglas  
County Chapter Provider Resource  
Organization (PRO).