

Child Care Community Newsletter

Family Connections of Lane and Douglas Counties

Winter 2011 • 541-463-3954 • 1-800-222-3290

TALKING WITH CHILDREN ABOUT TV & OTHER MEDIA

One way to have a positive influence on what children learn from the media is to talk to them about what they see. Have a give and take discussion instead of a lecture where you give the answers.

By listening and asking questions, you can learn children's perceptions, fears, and misconceptions. Then you can offer ideas on how to deal with their concerns and expand their thinking. Here are some suggestions for how to talk with children about what they see on TV and in other media.

TALK ABOUT YOUR REACTIONS TO WHAT YOU SAW.

- ~ What did you think about that show/game?
- ~ Did you like it when _____ happened? Why do you think it happened?
- ~ I didn't like it when _____. I wish they didn't have to hurt each other.

HELP SORT OUT FANTASY FROM REALITY.

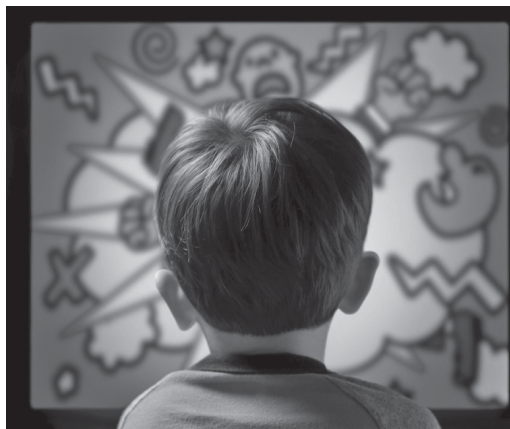
- ~ What was pretend and what was real? How could you tell?
- ~ Help clarify confusion by saying things such as, "In real life things don't work that way."
- ~ I wonder how they made _____ happen on that show.
- ~ How can we tell the difference between these advertisements and the show?
- ~ I wonder why they made the ad like that?
- ~ Can you remember a time when we bought something and it wasn't like the ad?

COMPARE WHAT YOUR CHILD SAW TO THEIR PERSONAL EXPERIENCE.

- ~ Could anything like _____ happen to you? When? How could it be the same/different?
- ~ What would you do if you were in that situation?

DISCUSS ANY VIOLENCE OR OTHER MEAN SPIRITED BEHAVIOR.

- ~ What do you think about how _____ solved their problem?
- ~ If you had a problem like that what could you do or say?
- ~ Can you think of a way to solve that problem where no one gets hurt?



ASK QUESTIONS THAT FOCUS ON STEREOTYPED IMAGES AND BEHAVIORS.

- ~ I wonder why it's always men with big muscles who go to fight. Did you notice that? What do you think about it?
- ~ It seems like the women always need to get rescued by the men. Have you noticed that?
- ~ I wonder why the "bad guys" have foreign accents, always wear dark colors, and have darker skin.

(Adapted from Remote Control Childhood) Levin, 1998
www.truceteachers.org truce@truceteachers.org

Please Copy & Distribute

*TRUCE IS A NATIONAL GROUP OF EDUCATORS deeply concerned about the impact of children's entertainment and toys on their play and behavior. Our goal is to raise public awareness about the negative effects of violent, sexualized, and stereotyped toys and media on children, families, schools, and society. We support parents and teachers in a variety of ways in addressing issues regarding media, toys, and play.

Please contact us:

TRUCE, PO Box 441261, Somerville, MA 02144,
www.truceteachers.org, truce@truceteachers.org.

What's Inside...

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Visit the FC website for more information
www.lanecc.edu/lfc

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2011

Read All About It

ERDC Changes

DHS Specialist: Katy Fuller Fullerk@lanecc.edu

Information provided by DHS

Effective October 1, 2010, eligibility for ERDC will be limited to just those families who have recently been on Temporary Assistance for Needy Families (TANF) in Oregon. The program currently serves all low-income families, not just those who have received TANF cash assistance. This change means that approximately half of the 11,000 families currently enrolled in ERDC will no longer be eligible for services.

After December 31, 2010, only families who have recently been on Temporary Assistance for Needy Families (TANF) in Oregon will still get ERDC. This means that families who have not received a TANF grant for at least one of the past 24 months will stop getting ERDC. Families who have received a TANF grant within the past 24 months will still get ERDC until they have a break in benefits. They will still have to meet all other ERDC requirements. Providers or parents with questions can call the Direct Pay Unit or Paula Lavalley at 503-548-4400, ext. 18.



Neighborhood House
Helping Neighbors Help Themselves

SPRING TRAINING

Tentative date, May 2011

Neighborhood House Parenting Program is Proud to bring you a conference on
CULTURAL AWARENESS
Keynote Speaker: Dr. Chris Amirault

Dr. Chris Amirault has provided professional development and training opportunities for educators for more than a decade. His workshops on diversity, equity and cultural competency, educational technology and the digital divide, and early literacy have been sponsored and/or attended by local, regional and national organizations. He has taught in a variety of capacities for over twenty years, and has facilitated many workshops on cultural competency at the NAEYC national convention. He is currently a co-facilitator of the NAEYC Diversity and Equity Interest Forum.

Registration, and more details, including time and location will be available soon. For any questions, contact Susan Davey at the Parenting Program at 1-971-244-0148 or sdavey@nhweb.org.

*Food and beverages will be provided throughout the day's scheduled events.

DHS News

DHS Specialist Contact:

**Katy Fuller at 463-3305 or
Fullerk@lanecc.edu**

What You Should Ask Parents

Before you provide care, you should have a Child Care Provider Listing form, a billing form or direct approval from a DHS caseworker to be sure the family is eligible for help with their child care payment. If DHS does not give you one of the above documents, the family could be responsible to pay for the child care used.

You should also ask families for other information you need to know, such as:

- ◆ What days and hours will the children be in care?
- ◆ What is the family's address and telephone number?
- ◆ What is the work telephone number for reaching a family member?
- ◆ Who else can you call in an emergency? What is their phone #?
- ◆ Who is allowed to pick up the children?
- ◆ When will the family pay their share of the bill?
- ◆ What is the family's case number?

Providers must:

- ◆ Fill out DHS forms completely and accurately and promptly return them.
- ◆ Meet the provider and listing requirements.
- ◆ Treat DHS families the same as other families for whom they provide care. (This means providing the same services, not charging higher rates for DHS families than other families, etc.).
- ◆ Provide healthy, safe and dependable child care.
- ◆ Register with the Child Care Division, if required to do so by law.

Parents must:

- ◆ Give you any provider forms they receive from their worker.
- ◆ Send their income information to DHS on time;
- ◆ Pay their share of the child care bill.
- ◆ Give adequate notice to change providers.
- ◆ Inform their provider when their eligibility for assistance changes.

New Family Connections Providers

Family Connections welcomes these new child care programs. We look forward to working with you!

Jessica O	Little Tikes Childcare
Heather M.	Crow's Children Center
Julie R.	Discovery Child Care and Preschool
Amanda C.	New Experiences Childcare
Jillian Z.	Jacki M.
Lynette B.	Tanya S.
Amanda C.	Children's Hope Center
Auntie Nica's House	Neva
Winchester Daycare	Evelynn N
Corinne's Daycare	Precious Gifts Daycare

Required classes for CCD Registration or Enhanced DHS

Food Handler Permits

FC offers the child care version of the Food Handler's manual (blue book) and testing in a self study option ONLY. For a manual and instructions, please contact FC office. Cost for the self study packets is \$10.00 per permit. There is also an online option @ www.childcarefoodhandler.org

First Aid/CPR Training

Receive a 2 year First Aid/CPR Certification. Cost \$40.00 person*Change

Saturday, January 15, 9:00 am - 2:00 pm, LCC Main Campus

Saturday, February 5, 9:00 am - 2:00 pm, LCC Main Campus

Saturday, March 12, 9:00-2:00 pm, LCC Main Campus

Espanol: Saturday, February 12, 11:30-5:30pm LCC Main Campus

Recognizing & Reporting Child Abuse and Neglect

Attend this class once. Cost \$10 person/\$5.00 DHS Listed

Saturday, January 22, 9:00-11:00 am, LCC Main Campus

Thursday, February 17, 6:30-8:30 pm, LCC Main Campus

Thursday, March 10, 6:30-8:30 pm, LCC Main, Campus

Espanol: Saturday, February 12, 9:00-11:00am, LCC Main Campus

Child Care Training Bulletin

Family Child Care Overview

Required class for registration
with the
Oregon Child Care Division

Saturday, January 8, 9am-Noon

Location: LCC Main Campus

Tuesday, February 8, 9am-Noon,

Location: LCC Main Campus

Tuesday, March 8, 6:00-9:00pm

Location: LCC Main Campus

Espanol: January 29, Sat 9:00-12:00pm

Location: LCC Main Bldg 26 Rm 314

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To register call or mail form **on back** to FC. We accept Visa/Mastercard or Debit payments over the phone or by mail.

DO NOT MAIL CASH. You will receive a reminder letter after we receive your registration and payment. If you need to cancel you MUST call at least two days before the class. Refunds are vouchers for classes. You will be notified if a class is full. Registrations mailed the week of a class may not be received or processed in time to complete your registration. For more information call (541) 463-3954 or 1-800-222-3290. **Winter registration starts December 27.**

***If you need disability accommodations in order to attend or participate in this event, please contact Disability Resources (541) 463-5150 (voice) or 463-3079 (TTY) at least one week in advance.**

INFORMATION on Media and Children

HEALTHY MEDIA CHOICES

www.Healthymediachoices.org

Helps parents, caregivers, and teachers develop their own media literacy.

CHILDREN AND NATURE NETWORK

www.childrenandnature.org

Dedicated to building a movement to help children reconnect to nature.

SO SEXY SO SOON

www.sosexysosoon.com/blog

Information on how to deal with the impact of media and marketing on young children through adolescents' gender, social, emotional and sexual development.

PBS PARENTS WEBSITE

www.pbs.org/parents/talkingwithkids/news

www.pbs.org/parents/childrenandmedia/resources.html

Helps parents understand, deal with, and talk to their children about the entertainment and news media they see.

KIDS HEALTH

www.kidshealth.org/parent/positive

Helpful information on media literacy and health.

Family Co-op Center Workshops

Saturday, Jan. 22nd

What Does it Mean to Listen to the Ideas of Children?

Saturday, March 12th

Looking at the Role of Relationships in Children's Learning

Saturday, May 14th

Creating Environments that Reflect and Support Children's Learning

Contact Ben Minnis or Tami Brown at 541-346-7400 or coopfcsv@uoregon.edu for registration

Parent Child Preschools of Oregon Annual

EC & Parenting Conference

March 5, 2011 (Sat)

Athey Creek School, West Linn, OR

Jamie Maier 503-293-6161

OACCD Spring Conference

March 9, 10, & 11, 2011 Agate Beach, OR

Contact rylandfamily@peoplepc.com

OAEYC Professional Development Institute

April 8 & 9, 2011

1- 503-496-3991 or 1-800-452-3610



Nonprofit Organization
U.S. POSTAGE PAID
Eugene, Oregon
Permit No. 94

Family Connections of Lane and Douglas Counties
4000 East 30th Avenue ■ Eugene, Oregon 97405

CLASS REGISTRATION/PAYMENT FORM

Mail completed registrations and payments to: Family Connections/LCC, 4000 E. 30th Avenue, Eugene, OR 97405

Fax completed registrations to: (541) 463-4724 with your credit card number and expiration date

Name: _____ * Lane Student ID # L _____

Date of Birth ____/____/____ ☐ My student file is confidential

Home Phone _____ Email address _____

Permanent (Main) Address _____ Zip _____

Name of Classes (Print PLEASE)	Date of Class	Cost	PAYMENT TYPE
_____	_____	_____	Check # _____ Money order # _____
_____	_____	_____	Debit Card _____ Visa Card _____ Master Card _____
_____	_____	_____	Card Number: _____
_____	_____	_____	Expiration Date: _____

TOTAL ENCLOSED PAYMENT \$ _____

Type of child care you work for: _____ Card holders name as it APPEARS EXACTLY on Card _____

Exempt _____ Registered Family Child Care _____ Mailing address of card holder if different from above: _____

Certified Family Child Care _____

Center Staff _____ Employer _____ Signature of card holder: _____

Family Connections of Lane and Douglas Co.

Parent Connections

A Practical Resource for Busy Parents

A Quarterly Publication Of Family Connections, Lane Community College

LOOKING FOR THE BEST CHILD CARE PROVIDER

Raising children requires making many decisions and choices. You can consult Consumer Reports for information about the safest child seat or your pediatrician for the best diet but where do you get reliable information to guide you in finding the best child care for your infant or toddler when you or your partner head back to work?

The decision to include people other than family in the care of your infant or toddler can be an overwhelming one. There are many choices: family or friends, in home childcare and childcare centers. Each has its benefits and drawbacks. There are several indicators to use when evaluating potential childcare options. Obviously, you will want to ask about hours, rates, what is provided, etc. Here some other questions to ask:

1. How many children is each adult responsible for? You want to know the ratio of children to caregivers because the lower the ratio the more individual the activities will be for your child.
2. How many children are in the group that your child will be joining? For example, how many infants are there in each classroom. Lower group sizes ensure that each child will have their needs met promptly.
3. What kind of education does caregiver have in the field of early childhood? Does s/he have a degree from an accredited institution? Knowing the caregiver's education background can give you a sense of his/her competence and their ability to create a developmentally appropriate learning environment for your child.
4. What kinds of ongoing training are teachers/caregivers required to complete? Are they current on such items as First Aid/CPR training and food handling? This is often an indication of the quality of health and safety in their environment.
5. How stable is the staffing? Is there frequent turnover in caregiver staff? You will want your child to have a stable caregiver-child relationship. Experts agree that having one primary care giver for more than a year and optimally from entry into child care until the child is at least 3 years of age, is critical for an infants emotional development
6. How are the caregivers/teachers compensated? Are they making a living wage? Do they receive benefits? Are the caregivers/teachers worried about paying bills or are they able to focus on the needs of your child? Teachers with a stable income will be more likely to stay in the same center for longer periods of time. The quality of the relationship between the child care provider and the child influences every aspect of young children's development.

Child care providers should be early childhood educators for both the parents and the children in their care. They are not just babysitters, they facilitate learning and as such many strive to be well educated, trained and certified. And parents should want and expect these high standards from the people with whom they are leaving their most precious beings.

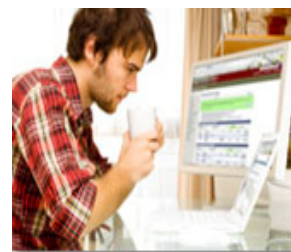
For more assistance in finding child care in Lane and Douglas Counties, please contact us at 541-463-3954 or www.lanecc.edu/lfc

Written by Family Connections Program Director Heather O'Leary and Lane County Commission on Children and Families Staff Sarafina Clarke.

Federal Child and Dependent Care Tax Credit

The federal child and dependent care tax credit reduces the income tax liability of working families with employment-related care expenses. Families at all income levels are eligible for the credit. The credit amount cannot exceed a family's tax liability. To find out if your family is eligible, contact the Internal Revenue Service, www.irs.gov.

State Child and Dependent Care Credit
Oregon offers two child care credits (eligible tax filers may claim both). Both credits have income eligibility limits. For more information, contact the Oregon Department of Revenue, www.oregon.gov/DOR/



Visit our web site at : www.lanecc.edu/lfc

BIRD NESTING BAG



Send out a cordial invitation to wildlife, and you won't have to travel far to discover the joys of the natural world.

Materials

- Onion bag
- Nesting materials such as raffia, nonmetallic ribbon,

small sticks, and pet hair

Time Needed: 1 Hour

Instructions

1. Fill an onion bag with nesting materials, such as raffia, nonmetallic ribbon, small sticks, and pet hair.
2. Hang from a tree, then eagerly watch for the birds to begin construction

www.familyfun.go.com/

DOUGLAS COUNTY EVENTS



NURTURING PARENTING

Jan. 11 to March 15, 2011 — Tuesdays 6:00 to 8:00 p.m. at Brockway Elementary School, Winston

NURTURING PARENTING

Jan. 12 to March 16, 2011 — Wednesdays 6:00 to 8:00 p.m. at Winchester Elementary, Winchester

MAKE PARENTING A PLEASURE

Jan. 13 to March 17, 2011 — Thursdays 6:00 to 8:00 p.m. at Sutherlin West Intermediate, Sutherlin

MAKE PARENTING A PLEASURE

Jan. 13 to March 17, 2011 — Thursdays 6:00 to 8:00 p.m. at Family Resource Center, Reedsport

Use the ASQ questionnaires at www.asqoregon.com to check your child's development between the ages of birth and 5 years. The results help determine if a child's development is on schedule. This is a free service and also included resources on games and activities that you can do at home with your child.

Contant Anna @ 541.672.7955 for more details on these and other events in Douglas Counties

LANE COUNTY ASSISTANCE

CATHOLIC COMMUNITY SERVICES
EUGENE COMMUNITY SERVICE CENTER
(541) 345-3642
<http://www.cccslc.org>

CENTRO LATINO AMERICANO
(541) 687-2667
<http://centrolatinoamericano.org>

LANE COUNTY
SENIOR & ADULT PROGRAM CAMPBELL COMMUNITY CENTER
(541) 682-5318
(800) 441-4038
<http://www.eugene-or.gov/recsenior>

EPUD HELPING HANDS
(541) 746-1583
<http://www.EPUD.org>

EUGENE WATER AND ELECTRIC BOARD -
EWEB CUSTOMER CARE
(541) 682-3378
<http://www.eweb.org>

LANE COUNTY
LOW INCOME ENERGY ASSISTANCE PROGRAM
(541) 682-3378

LANE ELECTRIC COOPERATIVE
MEMBER ASSISTANCE PROGRAM
(541) 484-1151
SALVATION ARMY - FAMILY SERVICES - EUGENE
(541) 343-3328
<http://www.tsacascade.org>

ST. VINCENT DE PAUL
(541) 689-6747
<http://www.svdpu.us>

Project Homeless Connect March 17, 2011 @ the Lane Events Center, Lane county Fair Grounds

Project Homeless Connect is a one-day, "one-stop shop" event serving people who are homeless or at risk of becoming homeless. This includes people who are in unsafe housing; those are living with a friend or family member; or people living in a car or hotel. This unique event connects people with essential services such as housing, employment, government benefits, veteran's benefits, and legal services. The event also seeks to help people meet their basic needs by providing a hot meal, access to medical and dental check-ups; and many other services. Click to learn more about how you can volunteer or donate and help Lane County's most vulnerable citizens. www.homelessconnect.org

GREAT WEBSITE TO VISIT.....

Lane County 21: www.211lane.org
Lane Ice Center: www.laneeventscenr.org/IceCenter/
Science Factory: www.sciencefactory.org/programs
Willamlane Parks and Rec: www.willamalane.org/
Spark Plug Dance: www.sparkplugdance.org/

Family Connections of Lane & Douglas Counties

4000 East 30th AVE Eugene, OR 97405

541-463-3954 OR 1-800-222-3290 Fax: 541-463-4724

Parent Consultant Katy Fuller @ FullerK@lanecce.edu

Lane County Child Care Training Bulletin: January-March 2011

All workshops count toward the Child Care Division training requirements. Child Development Hours are any

CKC but PM and PPLD **CKC** refers to **Core Knowledge Category**

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Date/Time	Workshop	Description	Trainer	Location	Cost
WINTER REGISTRATION STARTS DECEMBER 27					
January 8 Saturday 1:00-3:00pm 2 Hours	Oregon Registry Workshop CKC Personal, Professional & Leadership Development Set 1	Learn about Oregon Registry, a voluntary, statewide program to document and recognize the professional achievements of people who work in the childhood care and education profession. Please bring all training certificates, transcripts, and other training documentation to this training.	Lisa Barrager Family Connections Staff	LCC Main Campus	Free
January 13 Thursday 6:00-7:30pm 1.5 Hours	Autism CKC Special Needs Set 1	Regional Early Childhood Forum: Would you like to talk with other professionals who are interested in the work of educating young children? You are invited to join us for an evening of sharing our common goals. Email Kathy Moxley for more information, kmoxley@uoregon.edu (All Ages)	Dr. Randall Phelps, MD, PhD OHSU	U of O Clinical Services Bldg	Free Community Partnership (Regis- tration Required)
January 20 Thursday 6:30-8:00pm 1.5 Hours	Life Threatening Allergies CKC Health, Safety & Nutrition Set 1	What to look for and consider when working with children that have life threatening allergies. An overview and discussion about how to recognize allergies plus ways to develop a food/allergy action plan for your program. General overview of Diabetes in children also included. (Preschool)	Faith LaCross, Early Childhood CARES Nurse	Hilyard Center 2580 Hilyard Eugene	Free Community Partnership (Regis- tration Required)
January 22 Saturday 10:00-12:00 2 Hours	Music and the Whole Child CKC Learning, Environments & Curriculum Set 1	How to integrate music, rhythm and movement into daily interactions with children, from babies to preschoolers. Class is student centered and exploratory based with the development of the "whole child" as the goal. Pre- registration is required 682-8316, starting January 2nd. Limited to 100 people. (Infants/Toddlers, Preschoolers)	Pia Robbins, local music educator, licensed Musikgarten teacher, musician, songwriter	Eugene Public Library	Free Community Partnership (Regis- tration Required)
January 25 Tuesday 6:30-8:30pm 2 Hours	Music with a Purpose CKC Learning, Environments & Curriculum Set 1	In this class providers learn about the importance of music education for young children, ways to make music fun & interesting for young children, introduce new songs & activities/GROUP participation. (All Ages)	Raquel DeForest, B.A./CDA	LCC Main Campus	\$10
January 27 Thursday 6:30-8:30pm 2 Hours	Helping Angry and Explosive Children Learn to Be Safe CKC Understanding & Guiding Behavior Set 1	Identify common causes and triggers for explosive anger in children. Learn real activities and strategies to help children cope with angry feelings successfully and safely. Share ideas for developing behavior plans and policies that work for your child care environment. (Toddlers/Preschoolers)	Lisa Shanahan, LCSW Child/Family Therapist	LCC Main Campus	\$10
January 29 Saturday 9:00-12:00pm 3 Hours	Screen Time or Real Time? CKC Human Growth and Development Set 2	Child Development in Hyper-Tech Times. Media plays a major role in most children's lives, especially as electronic media and advertising interests expand their reach. Participants will examine the impact of media on child development; explore alternatives to screen time and enhancing creative play; and strategize ways to support families in Healthy Media Habits. (All Ages)	Penelope Youngfeather, MS, COVT Vision Specialist	LCC Main Campus	\$15
February 3 Thursday 6:30-8:30pm 2 Hours	Using Spanish in the Preschool Setting CKC Learning, Environments & Curriculum Set 1	Pre-School is the time when young people begin to recognize how they fit into a larger world. Explore ideas and techniques designed to peak and maintain children's interest in Spanish by incorporating Spanish into your classroom environment and using creative and enjoyable cultural activities and games. (Preschool)	Cynthia Schwarm Bi-Lingual Social Service Specialist DHS	LCC Main Campus	\$10
February 5 Saturday 9:00-12:00pm 3 Hours	Diversity: In Depth Part 2 of 3 parts CKC Diversity Set 1	Learn ways to better communicate with diverse populations while increasing your cultural knowledge. Class will also focus on how to talk with parents about issues that arise in a culturally sensitive manner. May sign up if have not attended part 1.	Judith Castro Transition Advisor LCC	LCC Main Campus	\$15
February 10 Thursday 6:30-9:00pm 2.5 Hours	Babysitting to Business Owner CKC Program Management Set 1 (Set 2 Pending)	Focus on what makes you unique as a Family Child Care teacher and how to communicate these qualities through professional business practices. Participants will learn about professionalism, including professional image, touch a little on curriculum, create a parent handbook, communicate with parents, market and continue to grow as a professional.	Terri Hansen Family Connections Staff	LCC Main Campus	\$15
February 12 Saturday 10:00-1:00pm 3 Hours	Recordkeeping and Tax Forms in Family Child Care: Maximizing Profit and Tax Deductions CKC Set 2 Program Management	Analyze your current record keeping system and compare with others; examine strategies to maximize your net profit; calculate your time & space percentage to maximize your deductions; calculate your depreciation. Explore Schedule C; and determine self-employment tax. Know your bottom line before you see your Tax Accountant.	Cynde Canepa BBA, EA, LTC Certified Master Trainer	LCC Main Campus	\$15
More information					

Lane County Child Care Training Bulletin: January-March 2011

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Date/Time	Workshop	Description	Trainer	Location	Cost
WINTER REGISTRATION STARTS DECEMBER 27					
February 15 Tuesday 6:30-8:30pm 2 Hours	Caring for 20 Little Teeth CKC Health, Safety, & Nutrition Set 1	Why it is important to implement daily oral hygiene care and activities into their program's daily routine. Topics will include basics on tooth development, age appropriate oral health care techniques, nutrition for developing strong teeth, and activities for children. (All Ages)	Jamie Christianson, R.D.H.-L.A.P.	LCC Main Campus	\$10
February 19 Saturday 1:00-4:00pm 3 Hours	Observing & Assessing Preschool Children CKC Observation & Assessment Set 2	How do you observe? What do you do with your observations? Participants will practice observing preschool children by watching video clips, then learn how to make changes in curriculum/environments based on observations. (Preschoolers)	Pamela DuVall, MAT, LCC ECE Faculty Master Trainer	LCC Main Campus	\$15
February 24 Thursday 6:30-8:00pm 1.5 Hours	Autism: The Second Level CKC Special Needs Set 1	Second Level Information on Autism. Once you know you have a child with Autism or signs of having Autism, learn strategies and information on working with young children on the Autism Spectrum. There will be some time for "make and take" visuals to help support children with Autism, as well as other children in your classroom. (All Ages)	Florien Deurloo and Cathy Hyslop Early Childhood Cares Autism Team	Hilyard Center 2580 Hilyard Eugene	Free Community Partnership (Registration Required)
February 26 Saturday 9:00-12:00pm 3 Hours	First Connections (2) CKC Human Growth & Development Set 1	Session 2: Getting in Tune with Infants & Toddlers. The nurturing relationship between an infant and caregiver is the heart of quality infant care. When caregivers respond in a way that meets the children's needs, they are "in tune." (Infants/Toddlers)	Pamela DuVall, MAT, LCC ECE Faculty Master Trainer	LCC Main Campus	\$15
February 26 Saturday 12:30-3:30pm 3 Hours	First Connections (3) CKC Human Growth & Development Set 1	Session 3: Developing Emotional Strengths. Young children experience a series of distinctive social-emotional stages as they grow. The emotional grounding in early stages provides the foundation for development in later stages. (Infants/Toddlers)	Pamela DuVall, MAT, LCC ECE Faculty Master Trainer	LCC Main Campus	\$15
March 3 Thursday 6:30-8:30pm 2 Hours	My Program, My Quality Class CKC Personal, Professional & Leadership Development Set 1	Come join other providers to discuss the Child Care Division's six indicators of quality in registered family child care . Identify ways that you, as a professional provider, can use the indicators to build quality for the children you serve. Learn how to use your Quality Indicators Report to talk to children's families about your program.	Terri Hansen Family Connections Staff	LCC Main Campus	\$10
March 9 Wednesday 6:30-8:00pm 1.5 Hours	Curriculum Ideas for Children with Motor Delays CKC Learning, Environments & Curriculum Set 1	Curriculum ideas to use for working with children who have fine and gross motor delays in preschool age children. Put on by Early Childhood Cares Motor team.	Early Childhood Cares Motor Team	Hilyard Center 2580 Hilyard Eugene	Free Community Partnership (Registration Required)
March 12 Saturday 9:00-12:00pm 3 Hours	Yoga Calm for Children CKC Health, Safety & Nutrition Set 1	Learning how to reduce your students' stress and enhance their sense of well-being can benefit both the health and academic performance of the whole child. <i>Yoga Calm for Children</i> provides you with classroom ready activities to develop self-control, concentration, nervous system regulation, imagination, social/emotion skills, physical fitness, and happy, health children! Please wear comfortable clothing and bring a yoga mat and /or blanket. (Preschool- School Age)	Piper Paulish, MAT Certified <i>Yoga Calm</i> Instructor/4J Teacher	Amazon Center	\$15
March 16 Wednesday 6:30-8:30pm 2 Hours	Disaster Preparedness Training CKC Health, Safety & Nutrition Set 1	Emergency preparedness in child care preparing for the worst, hoping for the best! How to identify the disaster that could occur, tips to develop your unique emergency plan, and to identify steps to take after a disaster strikes.	Terri Hansen Family Connections Staff	LCC Main Campus	\$10
March 31 Thursday 6:30-8:30pm 2 Hours	Teaching Sign Language to Children CKC Human Growth & Development Set 1	Learn how to teach sign language to use with infants and children through age-appropriate songs, games stories and activities.	Cheri Peterson ECE Trainer	LCC Main Campus	\$10

Douglas County Child Care Training Bulletin: January-March 2011

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CKC refers to **Core Knowledge Category**.

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Date/Time	Workshop	Description	Trainer	Location	Cost
January 4 Tuesday 9:00-12:00pm 3 Hours	Family Child Care Overview	Overview is a requirement for becoming licensed as a registered family child care provider. The overview gives those interested in becoming licensed information about how to become registered, the Oregon rules and an introduction to other agencies and supports.	Anna Aasen Family Connections Staff	Roseburg	Free
January 6 Thursday 6:30-8:30pm 2 Hours	Recognizing and Reporting Child Abuse and Neglect	Child care and education providers are mandatory reporters of suspected incidents of child abuse and neglect in the state of Oregon. Learn the process for reporting incidents of child abuse or neglect for which they have reasonable cause to believe have occurred.	TBA	Douglas Co ESD	\$10.00
January 15 Saturday 9:00-2:00pm 5 Hours	Pediatric First Aid and CPR	This emergency medical response curriculum is ideal for child care providers, teachers, parents and youth sport coaches. It teaches emergency response skills and prevention strategies for the care of infants and children, as well as adults.	Kelly Heichel Community Trainer	Community Cancer Center	\$40.00 * New Price
January 22 Saturday 1:00-4:00pm 3 Hours	Recordkeeping and Tax Forms in Family Child Care CKC Program Management Set 2	Analyze your current record keeping system and compare with others; examine strategies to maximize your net profit; calculate your time & space percentage to maximize your deductions; calculate your depreciation. Explore Schedule C; and determine self-employment tax. Know your bottom line before you see your Tax Accountant.	Cynde Canepa BBA, EA, LTC Certified Master Trainer	Family Development Center	\$15.00
January 28 Friday 6:00-8:00pm 2 Hours	DHS Exempt Family, Friends and Neighbors Orientation	Do you receive payment from DHS for caring for the children of a family, friend or neighbor? This is a child care provider orientation for providers that are not required to be licensed. Learn about the DHS listing and billing process. Find out how you can earn higher reimbursement rate.	Anna Aasen Family Connections Staff	Douglas Co ESD	Free
February 2 Wednesday 6:30-8:30pm 2 Hours	Assessing Child Development CKC Observation and Assessment Set 1	"Learn how to assess the development of children in your care through the use of the Ages and Stages Questionnaire (ASQ). An overview of typical child development and services available to children in Douglas County, as well as basic techniques for sharing observations with families will be presented." (Infants/Toddlers. Preschool)	Windy Digby, and Jacquie Dose, Early Intervention	Douglas Co ESD	Free
February 7 Monday 6:30-9:00pm 2.5 Hours	Oregon Registry CKC Personal, Professional & Leadership Development	Learn about Oregon Registry, a voluntary, statewide program to document and recognize the professional achievements of people who work in the childhood care and education profession. Please bring all training certificates, transcripts, and other training documentation to this training.	Anna Aasen Family Connections Staff	Family Development Center	Free
February 12 Saturday 10:00-12:00pm 2 Hours	In The Mix (1) CKC Human Growth & Development	Joys & Challenges of Mixed-Age Child Care. Learn about the unique developmental interests and needs of school-age children and younger children. Plan ways to meet challenges of mixed ages in family child care. (All ages)	Pamela DuVall, MAT, LCC ECE Faculty, Master Trainer	Family Development Center	\$10
February 12 Saturday 12:30-2:30pm 2 Hours	In The Mix (2) CKC Human Growth & Development	Positive Relationships in Family Child Care. Learn how relationships are important for child development and learn how to enhance relationships in family child care. (All Ages)	Pamela DuVall, MAT, LCC ECE Faculty, Master Trainer	Family Development Center	\$10
February 17 Thursday 7:00-9:00pm 2 Hours	My Program, My Quality Class CKC Personal, Professional & Leadership Development	Discuss the Child Care Division's six indicators of quality in registered family child care . Identify ways that you, as a professional provider, can use the indicators to build quality for the children you serve. Learn how to use your Quality Indicators Report to talk to children's families about your program.	Anna Aasen Family Connections Staff	Family Development Center	Free
Continued.....					

Douglas County Child Care Information

January- March 2010

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Date/Time	Title	Description	Instructor	Location	Cost
March 3 Thursday 9:00-12:00pm 3 Hours	Family Child Care Overview	Required for becoming licensed as a registered family child care provider. Gives information about how to become registered, the Oregon rules and an introduction to other agencies and supports.	Anna Aasen Family Connections Staff	Roseburg	Free
March 9 Wednesday 6:30-8:30pm 2 Hours	Recognizing and Reporting Child Abuse and Neglect	Participants will learn the process for reporting incidents of child abuse or neglect for which they have reasonable cause to believe have occurred.	Susan Potter Teen Parent Coordinator/ Director of Child Care Phoenix School	TBA	\$10
March 5 Saturday 10:00-12:00pm 2 Hours	In The Mix (3) CKC Families & Community Systems	Connecting School-Age Children, Families & Communities. Learn how to enhance important relationships in family care.(All Ages)	Pamela DuVall,MAT, LCC Faculty Master Trainer	Family Development Center	\$10
March 5 Saturday 12:30-2:30pm 2 Hours	In The Mix (4) CKC Human Growth & Development	Developmental Needs & Interests of School-Age Children. Understanding typical development of both younger and older children is key to planning caring environments and stimulating activities. (All Ages)	Pamela DuVall,MAT, LCC Faculty Master Trainer	Family Development Center	\$10
March 10 Thursday 6:30-8:30pm 2 Hours	Building Early Literacy Skills CKC Learning Environments & Curriculum	An introduction to the six early literacy skills: print motivation, vocabulary, print awareness, narrative skills, phonological awareness, and letter knowledge. Learn methods and activities you can do to encourage early literacy skills for the children in your care.	Marilyn Coxon Douglas County Library	Family Development Center	Free
March 12 Saturday 9:00-2:00pm 5 Hours	Pediatric First Aid and CPR	This emergency medical response curriculum is for child care providers, teachers, and parents. It teaches emergency response skills and prevention strategies for the care of infants and children, as well as adults.	Kelly Heichel Community Trainer	Community Cancer Center	\$40.00 * New Price

ADDITIONAL TRAINING OPPORTUNITIES

Check out **Douglas Co. PRO**
(Provider Resource Organization)

Training Calendar

1/19 Marketing Training
2/16 Policies & Contracts
3/16 Planning Meeting
4/20 Infant Language Development
Call 541-677-9157 to learn the benefits
of joining PRO or visit their website at:
www.dougcopro.webs.com

For more information on joining,
call Kelly Heichel at (541)430-3231 or
Shelby Shaw at (541)677-9157.

Parent Education Classes Providers Welcome!

These are great classes that can benefit providers and “typically” count toward license renewal training requirements.

Confirm with your licensing specialist NURTURING PARENTING

Jan. 11 to March 15, 2011 — Tuesdays
6:00 to 8:00 p.m. at Brockway Elementary School, Winston
NURTURING PARENTING

Jan. 12 to March 16, 2011 — Wednesdays
6:00 to 8:00 p.m. at Winchester Elementary, Winchester
MAKE PARENTING A PLEASURE

Jan. 13 to March 17, 2011 — Thursdays
6:00 to 8:00 p.m. at Sutherlin West Intermediate, Sutherlin
MAKE PARENTING A PLEASURE

Jan. 13 to March 17, 2011 — Thursdays
6:00 to 8:00 p.m. at Family Resource Center, Reedsport
www.parenteducation.org
541-440-7744

Spring Fling is on the Horizon!

Yes! Spring Fling is a provider appreciation event that we hold annually to show our gratitude for the work that you do! We are starting to plan for our event in May and we would love your feedback! Please let us know your “Spring Fling Dream”

Give Anna a call at 541.672.7955
or email: aasena@lanecc.edu with your ideas!

Take your business to the next level~

The OCCD has announced an opportunity for all types of licensed child care programs to participate in a new child care quality improvement program - Oregon Program of Quality (OPQ).

Programs achieving this designation will have access to monetary and technical assistance benefits, as well as opportunities to partner with Head Start/Special Education and access to funding for infant/toddler, school age, odd hour and special needs care. OPQ is designed to support programs toward achievement of this state designation of quality.

The current field test will select 25 programs throughout Oregon to be members of a cohort. These programs will include Registered Family, Certified Family and Certified Center-based child care programs in both urban and rural communities. For additional information, as well as the application and standards found at www.equiporegon.org, and click on the Oregon Program of Quality link.