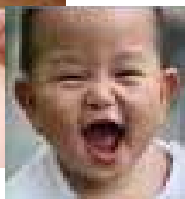


# Child Care Community Newsletter

## Family Connections of Lane and Douglas Counties

Spring 2011 • 541-463-3954 • 1-800-222-3290



### ***Developing Trust by Reading a Babies Cues: The Circle of Security***



Babies come into this world with an instinct to stay close to adults for security and protection. Caregiving is also an instinct, but instinct is not always enough when it comes to caring for infants and toddlers. Knowing what a baby's needs are at any given moment takes practice, empathy and the caregiver's undivided attention. As a child care provider it may seem impossible to give an infant your undivided attention, but spending time getting to know a baby's cues can help caregivers avoid frustration and help babies create a secure attachment.

Infants and toddlers need you to be with them to help them feel safe and secure, feel worthy and loved, acknowledged and understood and feel a sense of predictability. Being a safe haven for a baby when they are upset is also very important and helps them regulate their emotions. If a baby is crying they are trying to tell you they have a need that is not being met. But what is that need? Are they hungry, tired, sick, needing attention? The more we are in tune with an individual baby's cues, the quicker and easier we can accurately respond to their needs. And when you are in tune with her cues and her needs are consistently being met she will learn to rely on both you and herself to calm down.

You can respond to a baby during difficult times by sensitively matching her emotions with your voice, face and touch. After the baby receives the attention they need from you they will feel ready to explore the world again. Through these repeated moments of physical and emotional caregiving, the babies in your care will learn to trust you. With the establishment of trust the babies in your care will feel safe to explore because they know their needs will be met.

This relationship will help her develop a sense of how she can trust herself, others and the world. Developing trust is a process, but the more we practice responding to a baby's cues, the easier caregiving will be.

To learn more about the Circle of Security go to their website at <http://www.circleofsecurity.net>.

### ***What's Inside...***

New Classes ..... **I n s e r t**  
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Visit the FC website for more information  
[www.lanecc.edu/lfc](http://www.lanecc.edu/lfc)

## Read All About It



### Public Works Day is Back!

Thursday, May 19, 2011, 8 to 3 p.m.  
Roosevelt Yard, 1820 Roosevelt Boulevard

Lots of equipment. Hands-on learning experiences. Guided tours for school groups. Children of all ages welcome.

For more information:  
PWMaintenance@ci.eugene.or.us  
541-682-4800

The event is open to everyone, with a special emphasis on teaching students of all ages about the many services provided by the City of Eugene Public Works Department. It builds awareness of the contribution Public Works professionals make every day to our health, safety, and comfort.

The event features lots of hands-on displays, including games, costumed characters and other fun activities to make the learning experience enjoyable, particularly for younger students. Students can climb aboard Public Works equipment, and staff is on hand to answer questions and provide interesting facts about Public Works services.

There are a variety of transportation options for getting to and from the event. Convenient bus, van, and bicycle parking are available. LTD is another excellent resource. To plan a school field trip using LTD service, including special shuttle service from the Eugene Station to the Roosevelt Yard, please call LTD's customer service center at 541-687-5555.

We've also created online opportunities for you to get event information, let us know if there are specific needs we can help you meet, or send us comments, ideas or pictures before or after the event. Visit our web site at [www.eugene-or.gov/pwday](http://www.eugene-or.gov/pwday) or find us on Facebook at Eugene's Teaching Connection.

If you plan to attend the event with a class or other group, please fill out a Public Works Day registration form available on the Public Works Day web site. If you are interested in a guided tour, please complete the "guided tour" portion of the form and indicate your first and second choice for a time slot.

### DHS News

DHS Specialist Contact:  
Katy Fuller at 463-3305 or  
Fullerk@lanecc.edu

Oregon Department of Human Services  
Children, Adults and Families  
Office of Self-Sufficiency Programs

### ERDC Eligibility and Reservation List Update

February 16, 2011

Effective October 1, 2010, the Employment Related Day Care (ERDC) caseload was capped at 10,000. At the same time, a new eligibility requirement was added. New applicants and families who had a break of more than 30 days in receiving ERDC benefits were to be denied and referred to the ERDC Reservation List. The only exception was for families who had received TANF (including Refugee (REF) and State Family Pre-SSI/SSDI (SFPSS) cash benefits within the prior 3 months.

Process for the Reservation List. Caseload attrition has been greater than expected, dropping to 8,900 by mid-January. Rather than using a random selection process, every name on the Reservation List was pulled and sent an invitation to apply on January 28.

Based on current data that approximately 400 families a month are added to the ERDC Reservation List, DHS is setting up a pull of all names on the second Wednesday of every month. This should begin with March 9, 2011. Invitations to apply for the ERDC program will be mailed after each mid-month pull. We are anticipating a response and approval rate of at least 50%.

Policy Change. The rule stating that clients may not have a break in ERDC benefits of more than 30 days has been changed to "a break of more than two calendar months." This will allow for clients who have lost child care services due to maternity leave, other medical issues or temporary job loss a larger window in which to access services without first waiting on the Reservation List. The Child Care Program believes a larger window of time will be fair, capture the most common issues causing short-term breaks in benefits and avoid all the complications of case-by-case exceptions. The change is effective February 16, 2011.



### Important Changes for License-Exempt Programs!

If you are running an exempt preschool or exempt child care program a new law went into effect July 1, 2010 that will affect your program. The law requires that these programs become "recorded" with the Child Care Division (CCD). Recording is different than licensing, so the requirements are different. To become recorded, all personnel of the program must first complete a criminal background check. If you already have a process in place for this, you can continue with your normal process. An option for background checks is through the Oregon State Police.

When that is accomplished, obtain and complete an application to become recorded. The completed application should then be mailed, along with the \$20.00 application fee, to CCD. Once recorded the program will receive a certificate that must be posted in their facility. Programs will need to renew every two years.

Go to [www.childcareinoregon.org/EMPLOY/CCD](http://www.childcareinoregon.org/EMPLOY/CCD) to download the application and for more.

## Required classes for CCD Registration or Enhanced DHS

### Food Handler Permits

FC offers the child care version of the Food Handler's manual (blue book) and testing in a self study option ONLY. For a manual and instructions, please contact FC office. Cost for the self study packets is \$10.00 per permit. There is also an online option @ [www.childcarefoodhandler.org](http://www.childcarefoodhandler.org)

### First Aid/CPR Training

**Receive a 2 year First Aid/CPR Certification. Cost \$40.00 person**

Saturday, April 23, 9:00 am - 2:00 pm, LCC Main Campus

Saturday, May 7, 9:00 am - 2:00 pm, LCC Main Campus

Saturday, May 14, 9:00 am - 2:00 pm, LCC Main Campus

Saturday, June 4, 9:00 am - 2:00 pm, LCC Main Campus

Espanol: Saturday, May 28, 11:30 - 5:30 pm, LCC Main Campus

### Recognizing & Reporting Child Abuse and Neglect

**Attend this class once. Cost \$10 person/\$5.00 DHS Listed**

Saturday, April 23, 9:00 am - 11:00 am, LCC Main Campus

Thursday, May 26, 6:30-8:30 pm, LCC Main Campus

Thursday, June 16, 6:30-8:30 pm, LCC Main Campus

Espanol: Saturday, May 28, 9:00-11:00 am, LCC Main Campus

To register call or mail form below to FC. We accept Visa/Mastercard or Debit payments over the phone or by mail.

DO NOT MAIL CASH. You will receive a reminder letter after we receive your registration and payment. If you need to cancel you MUST call at least two days before the class. Refunds are vouchers for classes. You will be notified if a class is full. Registrations mailed the week of a class may not be received or processed in time to complete your registration. For more information call (541) 463-3954/1-800-222-3290.

**\*If you need disability accommodations in order to attend or participate in this event, please contact Disability Resources (541) 463-5150 (voice) or 463-3079 (TTY) at least one week in advance.**

## Required Training

### Family Child Care Overview

Required class for registration  
with the  
Oregon Child Care Division

Tuesday, April 9, 9 am-Noon  
Location: LCC Main Campus

Saturday, May 10, 9 am-Noon,  
Location: LCC Main Campus

Tuesday, June 14, 6:00-9:00pm  
Location: LCC Main Campus

Espanol: May 11, Wednesday  
6:00-9:00pm  
Location: LCC Main Campus

April-June  
3  
2011

## Save The Date..... May 17

for a Fun and Relaxing Evening!

**Provider Appreciation  
Event  
for Lane and Douglas  
Counties**



Come spend a fun and relaxing evening with us and other child care providers! Listen to relaxation tips that can literally change your life (and receive a one hour training certificate), eat yummy food, have a chair massage, and network with all the wonderful caregivers in your community. Door prizes too! All in the lovely Center for Meeting and Learning building at Lane Community College.

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*If you haven't time to respond to a tug at your pants leg,  
your schedule is too crowded.*

—Robert Brault

## ✦ ✦ Upcoming Trainings ✦ ✦

**OAEYC Professional Institute  
April 8 & 9, 2011**

For more details : <http://oregonaeyc.org/conferences.htm>

Email: [OAEYC@oregonaeyc.org](mailto:OAEYC@oregonaeyc.org)

Phone: 503-496-3991 or 1-800-452-3610

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**Early Childhood Conference ~ Saturday May 14th,  
2011**

221 North Garden Way, Eugene  
Multiple Workshops including Oregon Program of Quality  
track with Ethics and Community Building  
Registration information posted on our website April 15th.  
Presented by the Main Street Montessori Association  
(A sponsoring organization of the Oregon Registry)  
[www.mainstreetmontessori.org](http://www.mainstreetmontessori.org) (541) 726-6924

\*\*\*\*\*

**Family Co-op Center Workshop  
Saturday, May 14th:**

Creating Environments that Reflect and  
Support Children's Learning

Contact Ben Minnis or Tami Brown at 541-346-7400 or  
[coopfcsv@uorgen.edu](mailto:coopfcsv@uorgen.edu) for registration

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**Retreat by the Lake ~ June 17-18th ~ Coos Bay, OR**  
For more information call CARE Connections at 1-800-611-7555  
or email at [ccr&r@socc.edu](mailto:ccr&r@socc.edu)



Nonprofit Organization  
U.S. POSTAGE PAID  
Eugene, Oregon  
Permit No. 94

Family Connections of Lane and Douglas Counties  
4000 East 30th Avenue ■ Eugene, Oregon 97405

### CLASS REGISTRATION/PAYMENT FORM

**Mail completed registrations and payments to:** Family Connections/LCC, 4000 E. 30th Avenue, Eugene, OR 97405

**Fax completed registrations to:** (541) 463-4724 with your credit card number and expiration date

Name: \_\_\_\_\_ \* Lane Student ID # L \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ ☐ My student file is confidential

Home Phone \_\_\_\_\_ Email address \_\_\_\_\_

Permanent (Main) Address \_\_\_\_\_ Zip \_\_\_\_\_

Name of Classes (Print PLEASE)	Date of Class	Cost	PAYMENT TYPE
_____	_____	_____	Check # _____ Money order # _____
_____	_____	_____	Debit Card _____ Visa Card _____ Master Card _____
_____	_____	_____	Card Number: _____
_____	_____	_____	Expiration Date: _____

TOTAL ENCLOSED PAYMENT \$ \_\_\_\_\_

Type of child care you work for:

Exempt \_\_\_\_\_ Registered Family Child Care \_\_\_\_\_

Certified Family Child Care \_\_\_\_\_

Center Staff \_\_\_\_\_ Employer \_\_\_\_\_

Card holders name as it APPEARS EXACTLY on Card \_\_\_\_\_

Mailing address of card holder if different from above: \_\_\_\_\_

Signature of card holder: \_\_\_\_\_

**Family Connections of Lane and Douglas Co.**



## DEAL WITH RISK BEFORE LEAVING CHILDREN HOME ALONE

By Katy Fuller, Parent Consultant for  
Family Connections of Lane & Douglas Counties.

The movie "Home Alone" and its sequels have portrayed a child's survival skills in a humorous and unrealistic manner. The realities facing children who find themselves home alone are very different. Most children are inadequately prepared to avoid injuries, deal with emergencies, handle phone calls or visitors at the door, or cope with the possibilities of kidnapping or molestation.

Teaching them what to say or do and rehearsing with them will make your children and you more confident knowing that your children have the knowledge to deal with issues that may come up.

Many issues and potential risks need to be considered before a parent places a child in this situation:

1. Make sure your child has a key. You don't want him trying to slip through a window. Your child must be able to keep track of a key, know how to lock and unlock doors easily, and get into the home quickly and lock the door behind him. Instruct your child not to enter your home if the door is open or unlocked, or if anything seems unusual.
2. Designate a responsible adult who would be accessible by phone or lives a short distance from your home for the child to check in with at intervals. Ask your child to call you or the designated adult as soon as she gets home from school.
3. Instruct your child to come right home unless other plans have been agreed upon. You can never reiterate this enough: Tell your children to never accept a ride from a stranger and to not tell strangers that they're going to be home alone.
4. Sit down with your child and make a list of people who are allowed to come over when he is home alone.
5. Tell your child never to play with dangerous items such as weapons, power tools and barbecue grills. Make sure all firearms are securely locked away.
6. Install a peephole at your child's eye level. Instruct your child to look through the peephole to see who is at the door when the doorbell rings, and to open the door only if the person is on the approved list. Some families have a rule to not answer the door at all when someone is home alone. Have a family code word.
7. Post important phone numbers and special instructions in a central location, such as near the



phone or on the fridge. Instruct your child to screen calls unless it is someone who knows the family code word. If possible, leave your cellular phone number. Knowing your child can reach you in an instant will help put you and your child more at ease.

8. Show your child where the first aid kit is and how to use the items in it. It is important to have an alternate escape route in case one is blocked by fire. Plan a meeting place outside your home in case of fire.

9. Discuss ahead of time what your child plans to do when she arrives at home. You should always have a schedule for her and let her know exactly what you expect.

Remember, no matter how mature your child acts, he or she is still a child. Children invariably make mistakes; they don't always react in a situation as you hope they would. Even if they start off well without adult supervision, they can get spooked and develop real fears about being home alone.

Start on a trial, part-time basis, if possible. Role-play different situations; for example, "what would you do if your lost your key? What if a delivery person came to the door? How do you answer the phone?"

Give your children lots of encouragement, support and reinforcement and treat mistakes as learning experiences instead of failures. Tell them how much you appreciate their helpfulness, self-reliance and cooperation while you are away.

## EARTH DAY CRAFT: COFFEE GROUND "FOSSILS"



Create your own fossils to display by using old coffee grounds. These work well as visual aids for science projects and makes a fun Earth Day craft for kids.

What you'll need:

- 1 cup of used coffee grounds
- 1/2 cup of cold coffee
- 1 cup of flour
- 1/2 cup of salt
- Wax paper
- Mixing bowl
- Some small objects to make impressions in the dough (Shaped cookie cutters work well.)

- Empty can or a butter knife
- Toothpicks, optional
- String to hang your fossil, optional

How to make it:

1. Stir the together the coffee grounds, cold coffee, flour, and salt until well mixed.
2. Knead the dough together and then flatten it out onto the waxed paper.
3. Use the can to cut out circles of the dough or use the dull knife to cut slabs large enough to fit your "fossil" objects.
4. Press your objects firmly into the dough. When you take the object out, you have your "fossil". If you want to hang the fossil, poke holes into the edge to hold the string.
5. Let the fossil dry overnight (and up to two days) and then hang it if you wish.

Tips: To reduce the drying time, bake the fossils for a short period of time to get the "dough" to harden.

[crafts.kaboose.com/fossil.html](http://crafts.kaboose.com/fossil.html)

## OPERATION MILITARY CHILD CARE SUBSIDY!!



Here's how you can get started:

Find out which program applies to you.

for more information call Child Care Aware® Specialists Toll Free: 1-800-424-2246, or

[msp@naccrra.org](mailto:msp@naccrra.org)

[www.naccrra.org/MilitaryPrograms/](http://www.naccrra.org/MilitaryPrograms/)

## LANE AND DOUGLAS COUNTY EVENTS

### Lane

#### PARENT-EXPO

(For Moms & Dads, and Grandparents too!)

April 30th, 2011, Saturday 1p-5p

at the Wheeler Pavilion

Lane County Fairgrounds—Eugene



Public Works Day is Back!

Thursday, May 19, 2011, 8 to 3 p.m.

Roosevelt Yard, 1820 Roosevelt Boulevard

### Douglas:

4/16 9-2pm Healthy Kids Day at the YMCA in Roseburg

4/30 10-3pm Celebrate Children Event at The Wildlife Safari



Oceanfest - Winchester Bay

July 15-17, 2011

Come on over and enjoy three fun filled days at the Coast. Live Music, Beach Blvd. Bazaar, children's Parade, Open House at the shops, Famous Seafood Barbecue, Games for young and old. Coast Guard Demonstrations...Kayak races on the Umpqua River. A summer's worth of fun packed into three days.

## GREAT WEBSITE TO VISIT

Natural History Museum: [natural-history.uoregon.edu/education-and-events](http://natural-history.uoregon.edu/education-and-events)

Willamlane Lane: [www.willamalane.org/](http://www.willamalane.org/)

Spark Plug Dance: [www.sparkplugdance.org/](http://www.sparkplugdance.org/)

Lane County 21: [www.211lane.org](http://www.211lane.org)

Science Factory: [www.sciencefactory.org/programs](http://www.sciencefactory.org/programs)

Family Connections of Lane & Douglas Counties

4000 East 30th AVE Eugene, OR 97405

541-463-3954 OR 1-800-222-3290 Fax: 541-463-4724

Parent Consultant Katy Fuller @ [FullerK@lanecc.edu](mailto:FullerK@lanecc.edu)

# Lane County Child Care Training Bulletin: April-June 2011

All workshops count toward the Child Care Division training requirements. Child Development Hours are any CKC but PM and PPLD. CKC refers to Core Knowledge Category Page 1

Date/Time	Workshop	Description	Trainer	Location	Cost
<b>SPRING REGISTRATION STARTS MARCH 28</b>					
April 12 Tuesday 6:30-8:30pm 2 Hours	<b>Effective Communication Series: Listening For Understanding</b> CKC Family & Community Systems Set 1	In this series of classes, you will learn practical strategies you can use to improve interpersonal communications. Practice techniques that will let the other person know they've been heard, whether or not you agree with them. Recommended to take all three classes.	Sherry Lyons Peace Health Trainer	LCC Main Campus	\$10.00
April 13 Wednesday 6:30-8:00pm 1.5 Hours	<b>Second Level Information on Autism</b> CKC Special Needs Set 1	Once you know you have a child with Autism or signs of having Autism, Early Childhood Autism Team members will present some strategies and information on working with young children on the Autism Spectrum. There will be some time for "make and take" visuals to help support children with ASD, as well as other children in your classroom.	Early Childhood CARES Autism Team	Hilyard Center 2580 Hilyard Eugene	Free Community Partnership (Register for certificate)
April 14 Thursday 6:00-7:30pm 1.5 Hours	<b>Supporting Families Involved in Child Welfare</b> CKC Family & Community Systems Set 1	You are invited to join us for an evening of sharing our common goals. Supporting Families Involved in Child Welfare: Strategies, Tips, and Tools.	Chris Sterling DHS	Hedco Building 1665 Alder, Rm 220. Free parking in lots 17 & 18.	Free Community Partnership (Register for certificate)
April 19 Tuesday 6:30-8:30pm 2 Hours	<b>Effective Communication Series: Giving Feedback Constructively</b> CKC Family & Community Systems Set 1	In this series of classes, you will learn practical strategies you can use to improve interpersonal communications. Techniques are demonstrated that will improve the probability of a positive outcome during "corrective" feedback opportunities. Recommended to take all three classes.	Sherry Lyons Peace Health Trainer	LCC Main Campus	\$10.00
April 21 Thursday 6:30-8:30pm 2 Hours	<b>What Do You Do With the Mad That You Feel</b> CKC Understanding and Guiding Behavior Set1	Providers will explore anger, where it comes from, and how young children can gradually learn the self-control necessary to manage their anger and channel it into productive activity.	Terri Hansen Family Connections Staff	LCC Main Campus	\$10.00
April 26 Tuesday 6:30-8:30pm 2 Hours	<b>Effective Communication Series: Receiving Feedback Constructively</b> CKC Family & Community Systems Set 1	In this series of classes, you will learn practical strategies you can use to improve interpersonal communications. Learn ways to manage emotions to improve outcomes when on the receiving end of corrective feedback. Recommended to take all three classes.	Sherry Lyons Peace Health Trainer	LCC Main Campus	\$10.00
April 27 Wednesday 6:30-8:00pm 1.5 Hours	<b>Promoting Children's Success: Building Relationships and Creating Supportive Environments</b> CKC Human Growth & Development	Focusing on challenging behavior and promoting the social emotional competence of young children, based upon materials created by The Center on the Social and Emotional Foundations of Early Learning. Attendees are highly encouraged to attend both sessions.	Gerry Morgan Early Childhood CARES Behavior Specialist	Hilyard Center 2580 Hilyard Eugene	Free Community Partnership (Register for certificate)
April 30 Saturday 9:00-12:00pm 3 Hours	<b>Introduction to Helping Clients Living with Domestic Violence</b> CKC Family & Community Systems Set 1	In this course we will learn what is domestic violence and how to identify if domestic violence is occurring in a family dynamic. We will learn how to support victims of the violence in an empowering manner, answer questions about your role and responsibility both morally and legally, and how to provide self-care when being a witness/advocate for survivors. This course covers a basic foundation for helping clients in the work environment.	Judith Castro Transition Advisor LCC	LCC Main Campus	\$15.00

Continued ....



# Lane County Child Care Training Bulletin: April-June 2011

All workshops count toward the Child Care Division training requirements. Child Development Hours are any CKC but PM and PPLD. CKC refers to Core Knowledge Category Page 2

Date/Time	Workshop	Description	Trainer	Location	Cost
SPRING REGISTRATION STARTS MARCH 28					
May 3 Tuesday 6:30-8:30pm 2 Hours	<b>Baby Cues</b> CKC Human Growth & Development Set 1	What are babies trying to tell us? Explore attachment theory's research on baby cues and how as caregivers we can respond consistently and empathetically.	Jennifer Slater Family Connections Staff	LCC Main Campus	\$10.00
May 10 Tuesday 6:30-8:30pm 2 Hours	<b>Play with Clay and More</b> CKC Learning Environments & Curriculum Set 1	In this class, participants will review the basic principles of hands-on play — by playing with clay, blocks, and more!	Pamela Duvall, MAT ECE Master Trainer	LCC Main Campus	\$10.00
May 11 Wednesday 6:30-8:00pm 1.5 Hours	<b>Social Emotional Teaching Strategies Additional</b> CKC Human Growth & Development	Focusing on challenging behavior and promoting the social emotional competence of young children, based upon materials created by The Center on the Social and Emotional Foundations of Early Learning. Attendees are highly encouraged to attend both sessions.	Gerry Morgan Early Childhood CARES Behavior Specialist	Hilyard Center 2580 Hilyard Eugene	Free Community Partnership (Register for certificate)
May 14 Saturday 9:00-12:00pm 3 Hours	<b>Darkness To Light</b> CKC Health, Safety & Nutrition Set 2	Darkness to Light's Stewards of Children is a revolutionary sexual abuse prevention training program that educates adults to prevent, recognize and react responsibly to child sexual abuse. There are 7 steps to protecting children come and learn how you can make a difference in the life of a child.	Terri Hansen Family Connections Staff	LCC Main Campus	\$20.00 Includes work book
May 17 Tuesday 7:30-8:30pm 1 Hours	<b>Provider Appreciation Event Embracing Change</b> CKC Personal, Professional & Leadership Development	Finding center in the midst of uncertainly. Simple, effective relaxation processes you can do in moments... anytime, anywhere. Combining her background in healing arts and performing arts, Nancy is a popular keynote speaker, seminar and workshop presenter. She is known for creating a relaxed, dynamic atmosphere, while presenting information and experiences that are inspirational, pragmatic, healing... and fun!	Nancy Hopps Author/ Speaker, and Healing Consultant	LCC Main Campus	Free (Please register)
May 21 Saturday 9:00-12:00pm 3 Hours	<b>Diversity: In Depth(3)</b> CKC Diversity Set 1	We will learn how to analyze and explore diverse cultures based on anthropological methods. The class will go out into the community and explore different social situations. Each member of the class will be paired with 1-2 partners in the class and will complete an assignment to be shared with the rest of the class during the last hour. May sign up if have not attended part 1 & 2.	Judith Castro Transition Advisor LCC	LCC Main Campus	\$15.00
May 24 Tuesday 6:30-8:30pm 2 Hours	<b>Artful Touch of a Child</b> CKC Learning Environment & Curriculum Set 1	In this class we will discuss exactly what children are learning from creating art and how it benefits their development. Hands-on art activities as well for attendees.	Raquel DeForest Master Trainer	LCC Main Campus	\$10.00
June 4 Saturday 9:00-11:00pm 2 Hours	<b>Oregon Registry Workshop</b> CKC Personal, Professional & Leadership Development Set 1	Open a tool box...learn about Oregon Registry, a voluntary, statewide program to document and recognize the professional achievements of people who work in the childhood care and education profession. <b>Please bring all training certificates, transcripts, and other training documentation to this training.</b>	Lisa Barrager Family Connections Staff	LCC Main Campus	Free
June 7 Tuesday 6:30-8:30pm 2 Hours	<b>My Program, My Quality Registered Family Child Care</b> CKC Personal, Professional & Leadership Development Set 1	Come join other providers to discuss the Child Care Division's six indicators of quality in registered family child care. Identify ways that you, as a professional provider, can use the indicators to build quality for the children you serve. Learn how to use your Quality Indicators Report to talk to children's families about your program.	Terri Hansen Family Connections Staff	LCC Main Campus	Free



# Douglas County Child Care Training Bulletin: April- June 2011

All workshops count toward the Child Care Division training requirements.

Child Development Hours are any CKC but PM and PPLD **CKC** refers to **Core Knowledge Category.** Page 1

Date/Time	Workshop	Description	Trainer	Location	Cost
April 1 Friday 6:00-8:00pm 2 Hours	<b>DHS Exempt Family, Friends and Neighbors Orientation</b>	Do you receive payment from DHS for caring for the children of a family, friend or neighbor? This is a child care provider orientation for providers that are not required to be licensed. Learn about the DHS listing and billing process. Find out how you can earn higher reimbursement rate.	Anna Aasen Family Connections Staff	Douglas Co. Employment Deptment	Free
April 2 Saturday 9:00-5:00pm	<b>DHS Exempt Family, Friends and Neighbors First Aid and CPR &amp; RRCAN</b>	Learn the process for reporting incidents of child abuse or neglect for which they have reasonable cause to believe have occurred.(FFN Providers only)  Emergency medical response curriculum teaches cy response skills and prevention strategies for the care of infants and children, as well as adults. (FFN Providers only)	Susan Potter Director of Child Care Phoenix School  Kelly Heichel Community Trainer	Roseburg  Roseburg	
April 21 Thursday 6:30-8:30pm 2 Hours	<b>Digging into Nutrition CKC Health, Safety, &amp; Nutrition Set 1</b>	Youth gardening is a fitness and health-enhancing activity. We will dig into how to engage youth in the art and science of gardening (spade not required). This workshop will show you how to create and use gardens to provide dynamic environments for experimentation, food exploration, self-expression, and connection to the natural world.	Tracy Martz Douglas County 4-H Agent	UCC	Free
April 28 Thursday 6:30-8:30pm 2 Hours	<b>Babysitting to Business Owner CKC Program Management Set 1</b>	Will help you focus on what makes you unique as a <b>Family Child Care</b> teacher and how to communicate these qualities through professional business practices. Participants will learn about professionalism, including professional image, touch a little on curriculum, creating a parent handbook, communicating with parents, marketing and continuing to grow as a professional.	Terri Hansen Family Connections Staff	Family Development Center	\$10.00
May 3 Tuesday 6:00-9:00pm 3 Hours	<b>Family Child Care Overview</b>	Overview is a requirement for becoming licensed as a registered family child care provider. The overview gives those interested in becoming licensed information about how to become registered, the Oregon rules and an introduction to other agencies and supports.	Anna Aasen Family Connections Staff	Douglas Co. Employment Deptment	Free
May 5 Thursday 6:30-8:30pm 2 Hours	<b>Recognizing and Reporting Child Abuse and Neglect</b>	Child care and education providers are mandatory reporters of suspected incidents of child abuse and neglect in the state of Oregon. Learn the process for reporting incidents of child abuse or neglect for which they have reasonable cause to believe have occurred.	Susan Potter Director of Child Care Phoenix School	Douglas Co ESD	\$10.00
May 6 Friday 6:00-8:00pm 2 Hours	<b>DHS Exempt Family, Friends and Neighbors Orientation</b>	Do you receive payment from DHS for caring for the children of a family, friend or neighbor? This is a child care provider orientation for providers that are not required to be licensed. Learn about the DHS listing and billing process. Find out how you can earn higher reimbursement rate.	Anna Aasen Family Connections Staff	Douglas Co ESD	Free
May 7 Saturday 9:00-2:00pm 5 Hours	<b>Pediatric First Aid and CPR</b>	This emergency medical response curriculum is ideal for child care providers, teachers, parents and youth sport coaches. It teaches emergency response skills and prevention strategies for the care of infants and children, as well as adults.	Kelly Heichel Community Trainer	Community Cancer Center	\$40.00 * New Price

Continued.....

# Douglas County Child Care Information

## April- June 2011

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Date/Time	Title	Description	Instructor	Location	Cost
May 21 Saturday 2:30-8:00pm	<b>Spring Fling Love &amp; Logic CKC</b> Understanding & Guiding Behavior Set 1	Participants will learn skills for teaching character and responsibility through modeling and application of logical consequences instead of punishment. Learn how to stay calm in stressful situations, prevent misbehavior, and avoid power struggles. 4 hours of training along with food and other activities. See flyer for details.	Scott Purcell Certified Love & Logic Instructor	UCC Campus	Free (Please register with Anna)
June 6 Monday 6:30-9:00pm 2.5 Hours	<b>Addressing Diversity Through Play CKC</b> Diversity Set 1	Discover how stories, art and active games can teach children about discrimination, diversity and the power of friendship.	Heather O'Leary Director Family Connections	TBA	\$15.00
June 8 Wednesday 6:30-9:00 2.5 Hours	<b>Oregon Registry CKC</b> Personal, Professional & Leadership Development Set 1	Learn about Oregon Registry, a voluntary, statewide program to document and recognize the professional achievements of people who work in the childhood care and education profession. <b>Please bring all training certificates, transcripts, and other training documentation to this training.</b>	Anna Aasen Family Connections Staff	Family Development Center	Free

## Mark your calendar for Spring Fling! May 21, 2011

Get ready for a free training in Love & Logic as well as food and door prizes. More details will be coming soon to your door!

Give Anna a call at 541-672-7955  
or email: [aasena@lanecc.edu](mailto:aasena@lanecc.edu)



**Need some extra cash?**  
If you are a child care provider who works with children 20 hours or more a week, you may be eligible to receive milestone rewards through the Oregon registry. \$100, \$250, or even \$500 are possible depending on your level of education and/or training hours. Call Anna at 541.672.7955. She can help you one on one at your home, over the phone or wherever it is convenient for you. It is easier than you think – really!!!



## Upcoming Conferences:

### Oregon AEYC Spring Professional Development Institute

April 8 & 9, 2011 in Lane County

For more details check out: <http://oregonaeyc.org/conferences.htm>

Email: [OAEYC@oregonaeyc.org](mailto:OAEYC@oregonaeyc.org)

Phone: 503-496-3991 or 1-800-452-3610

### Retreat by the Lake~ June 17-18th ~ Coos Bay, OR

For more information call CARE Connections at 1-800-611-7555

or email at [ccr&r@socc.edu](mailto:ccr&r@socc.edu)

### Upcoming PRO Trainings:

4/20/11 Infant Language Development

6:30 -7:30 PM Douglas County Library

5/18/11 Exploring Strategies to Minimize Stress and Burnout

6:30-8pm Douglas County Library

Learn more about the benefits of joining PRO by calling

Shelby at 541-677-9157

All child care providers welcome to join!

### Would you like be reimbursed for the meals you serve?

If you are a licensed child care provider or work with DHS families you can!  
Call Mary at 541-672-7004 to learn more about the USDA Child and Adult Care Food Program

**To register for Family Connections classes  
in Douglas County  
or for assistance with questions:  
Please contact Anna Aasen in the  
Douglas County office 541-672-7955  
or [aasena@lanecc.edu](mailto:aasena@lanecc.edu)**