



Oral Health, Total Health

How to enroll in our program for diabetics and pregnant women

For diabetics:

Enrolling is as easy as 1-2-3

1. Complete the form below
2. Include proof of diagnosis
3. Mail or fax both to ODS

For expecting moms:

Enrolling is a one-step process

If you are pregnant, you can enroll in the **Oral Health, Total Health** program by calling ODS Dental Customer Service at **503-265-5680** or toll-free at **1-877-277-7280** after you have scheduled your third trimester cleaning appointment. Be sure to tell the customer service representative the date of your appointment. It's that easy.

If you are diabetic and wish to enroll in the **Oral Health, Total Health** program, complete this enrollment form and fax it, along with proof of diagnosis, to **503-243-3959** or send it via mail to The ODS Companies, Attn: Billing and Eligibility Department, 601 S.W. Second Avenue, Portland, OR 97204.

Member name: _____

Subscriber name: _____ Subscriber ID number: _____

Group (plan) number*: _____ Group name*: _____

Signature: _____ Today's date: _____

** This information is displayed on your ODS ID card and through myODS at www.odscompanies.com*

Please select **one** of the following:

- ☐ Proof of diagnosis is attached. *Examples of proof of diagnosis include a doctor's note or a copy of a prescription supportive of a diabetes diagnosis.*
- ☐ I have ODS medical coverage and have had a claim paid by ODS for medical or pharmacy services related to my diabetes. *We will verify the diagnosis on your behalf.*

You will be enrolled in the **Oral Health, Total Health** program, effective the first of the month following receipt of a completed **Oral Health, Total Health** enrollment form and proof of diagnosis.

A complete description of this program is available in your member handbook
or through myODS at www.odscompanies.com.