

Sabbatical Report: Bren Tiel RN, MN, Nursing Faculty
Pediatric Health Promotion

A. Purpose:

The purpose for my leave focused on beginning development of the pediatric health promotion curriculum for first year nursing students:

My initial goals included:

- 1) Review the most current recommendations for prevention and treatment of reactive airway disease (asthma), childhood obesity, and current recommendations for immunization schedules and contraindications to immunizations.
- 2) Examine the content of the Community Health Education program Children's Hospital in Seattle. Determine the extent of the link with Healthy People 2010 national goals.
- 3) Review the most current practices in pediatric palliative care (hospice care).
- 4) Write a Pediatric Health Promotion Unit to implement into LCC's nursing curriculum which reflects current practice.

B. What I did:

- 1) Researched through the National Institutes of Health (NIH) website and American Academy of Pediatrics (AAP) the most current recommendations for prevention and treatment of reactive airway disease (asthma), childhood obesity, and current recommendations for immunization schedules and contraindications to immunizations.
- 2) Examined the content of the Community Health Education program Children's Hospital in Seattle through their web site and a phone interview with the director. This program's focus on prevention is very complete, exceeding the recommendations of the American Academy of Pediatrics. The subjects also coincide with the Healthy People 2010 – pediatric foci, which provides an excellent way to connect this content with National health care goals.
- 3) Reviewed the most current practices in pediatric palliative care (hospice care) with the director of Eugene's Little Stars program for pediatric palliative care. Little Stars is modeled after Seattle Children's Hospital Palliative Care program.

While this is not a prevention focus, my initial intent was to include this as an overview concept. However, after review, this was not included in the Health promotion content and will instead be tagged to the death & dying content

- 4) Wrote the health promotion unit content for first year nursing students. After review of textbooks and additional web resources, and because of the breadth of this content, I included a developmental underpinning to hang health promotion and safety issues on.

C. Summary:

Lane is working toward incorporating the nursing curriculum with the statewide nursing curriculum called OCNE (Oregon Curriculum for Nursing Education). This statewide plan is designed to address the national nursing shortage by having common curriculum; allowing students easier transferability and staff access to common learning objectives and evaluation criteria.

During this leave I was able to update and expand my knowledge of current pediatric health promotion and associated nursing care. Health promotion has been incorporated into LCC nursing curriculum during fall term for first year students and this content will be re-visited throughout the nursing curriculum and should prepare students for greater success on the NCLEX exam.