

# Massage Therapy

Certificate of Completion  
License Exam Preparation Program

Program approved by Oregon Board of Education  
and Oregon Board of Massage Therapists

**Purpose** To prepare graduates for a career as a licensed massage therapist (LMT) and to qualify students for the licensure exam administered by the Oregon Board of Massage Therapists.

**Learning Outcomes** The graduate will:

- demonstrate entry-level knowledge and skills in the clinical curriculum content areas of massage therapy
- demonstrate entry-level knowledge of anatomy/physiology, kinesiology and pathology
- demonstrate professional standards, ethics and competence in the massage profession
- develop therapeutic relationships that support health and well-being
- collect and use client information to determine the appropriateness of massage therapy
- develop a treatment plan
- implement the treatment plan
- evaluate the effectiveness of the treatment plan
- maintain documentation
- influence the advancement of the Massage Therapy profession
- promote the benefits of Massage Therapy to the public

**Employment Trends** Total job openings are projected to be 28 annually, statewide. Reasonable, but limited, employment opportunities exist. Most Licensed Massage Therapists are self-employed.

**Wages** Average hourly wages statewide are \$24.13, or \$50,199 annually for full-time work.

**Program costs** Cost of tuition and fees to complete the program is \$6,199 (Academic Year 2011 - 12).

**Costs in addition to tuition and fees (estimated)**

Textbooks.....	\$600
Personal liability insurance – required .....	\$79
Three professional massages.....	\$150
Miscellaneous supplies .....	\$75

**Licensing or other certification exams** Upon completion of the required courses, students are eligible to apply for Oregon Board of Massage Therapists Licensing Exams.

**Prerequisites** Students must be at least 18 years of age.

**Program contact** 541.463.5911, e-mail: [calisek@lanecc.edu](mailto:calisek@lanecc.edu)

**Core Pre-licensing Program**

**Contact Hours**

**Term 1**

XBI 5979 Anatomy/Physiology/Pathology 1 .....	33
XLMT 5972 Introduction to Palpation .....	39
XLMT 5986 Communication from the Heart .....	30

**Term 2**

XBI 5980 Anatomy/Physiology/Pathology 2.....	33
XLMT 5973 Massage 1.....	39
XLMT 5988 Energy Systems.....	39

**Term 3**

XBI 5989 Anatomy/Physiology/Pathology 3.....	33
XLMT 5974 Massage 2.....	39
XLMT 5976 Hydrotherapy.....	30

**Term 4**

XBI 5990 Anatomy/Physiology/Pathology 4.....	33
XLMT 5977 Kinesiology-Lower Body.....	33
XLMT 5981 Law/Ethics.....	20
XLMT 5985 Massage Technique Lab.....	30

**Term 5**

XBI 5991 Anatomy/Physiology/Pathology 5.....	33
XLMT 5975 Massage 3.....	39
XLMT 5978 Kinesiology-Upper Body.....	33
XLMT 5982 Professional Practices.....	30

**Term 6**

XLMT 5983 Massage 4.....	39
XLMT 5984 Community Student Clinic.....	30

**Total Contact Hours in program.....** 635

**Electives**

XLMT 5971 Student Practice Lab .....	10-40
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