

## Improving Parent-Child Relationships

## Frequently Asked Questions

**What's the best way to reach you?** By far the best way to reach me is to email [lauraj@ori.org](mailto:lauraj@ori.org). I do not use my LCC account, so please don't email me there. Email is a much more efficient way to reach me than the telephone.

### What are the requirements for this course?

Students take three multiple-choice exams and complete an observation for each episode. Students also read the "Viewer's Guide" and complete a "Parent Objective Form" one time each term. **If you cannot take exams on moodle and submit assignments to moodle due to lack of computer access or other problems, drop this course immediately.** This is a requirement of the course. The exams have 50-76 items per exam.

### What is the text?

The **Viewer's Guide** includes a summary, learning objectives, and principles illustrated for each of the twenty episodes. As you view each video, read the corresponding chapter in the *Viewer's Guide*. You are not required to submit your responses to the questions in the *Viewer's Guide*, but answering them will help you prepare for the exams.

### What are the written assignments?

**Parent Objectives Form:** Your first assignment is the *Parent Objectives Form* **due on/before October 27**. You receive three extra credit points credit if you turn this in on time and via moodle. **Aside from extra credit, this assignment does not count toward your final grade.**

**Episode Observation form:** These forms are due on the same day of each exam (see Exam Schedule) and must be submitted on moodle. Generally, you receive full credit for the form *if it is filled out completely*. The purpose of the form is to help you prepare for the exam and to reflect on your own interactions with children or others. Instructions for submitting the form are on moodle.

### What does the exam cover?

Each exam questions you *about what you saw in the video* and asks questions regarding your *understanding of the principles taught in the course*.

### What happens if I take my exam late?

Exams submitted after the testing date will lose 5 points each day they are late, up to 25 points.

**When and where are the exams?** Students take three multiple-choice exams on moodle. Due dates are listed below.

Exam One is due on Thursday, October 27 and covers:		Observation Forms
	Episodes	
	1. Building an Effective Relationship (Program 1)	

	2. Being Firm Without Being Authoritarian (Program 2)	
	3. Developing a Mutually Respectful Relationship (Program 3) 4. Dealing with Bids for Attention and Power (Program 4)	
	5. Reducing Power Struggles (Program 5) 6. Learning When To Intervene and Competition Between Siblings (Program 6) 7. Learning How To Be Firm and Consistent (Program 7)	Episode Observation Forms 1-7 are due same date as Exam 1.

<b>Exam Two is due on Thursday, November 17 and covers:</b>		<b>Observation Forms</b>
	8. Acting on Limits Without Reminding (Program 8) 9. Dealing with Perfectionism and Control (Program 9)	
	10. Being Firm and Unimpressed with Drama (Program 10) 11. Planning Ahead To Be More Consistent (Program 11)	
	12. Making Your Mind Up and Sticking With It (Program 12) 13. Working with A Special Needs Child (Program 13)	Episode Observation Forms 8-13 are due same date as Exam 2.
<b>Exam Three is due on Thursday, December 8 and covers:</b>		<b>Observation Forms</b>
	14. Promoting Appropriate Self Reliance in Children	
	15. Developing Appropriate Separation, Routine, and an Easy Bedtime 16. Act Sooner and Explain Less	
	17. A Firm and Encouraging Father 18. Dealing with Hitting and Slow Eating	
	19. The Rewards of Standing Firm and Talking Less 20. Good Routines, Consistent Expectations, and Capable Children	Episode Observation Forms 14-20 are due same date as Exam 3.