3-Minute Alphabetic Timed Writing 15
General Directions

Student: Give the proctor your name and LCC L#.

Type the timing text shown below if you reach the end of the timing, go back and repeat it so that you are typing for the entire three minutes. It does not matter whether you space once or twice after ending sentence punctuation—just be consistent.

The three fastest timings that have 5 or fewer errors will be used to determine your average words per minute (wpm). You can take as many timings as you want. If you only get one or two qualifying timings today, you'll need to come back another day to take more timings.

Print out each timing and circle errors (misspelled or missing words; incorrect or missing punctuation; and capitalization or spacing errors). <u>Note</u>: A misspelled word is one error regardless of the number of incorrect letters it may have.

	gwam 3'
What do you enjoy doing in your free time? Health	4
experts tell us that far too many people choose to be lazy rather	8
than to be active. The result of that decision shows up in our	12
weight.	13
Working to control what we weigh is not easy, and seldom can	16
it be done quickly. However, it is quite important if our weight exceeds	21
what it should be. Part of the problem results from the amount and type	25
of food we eat.	27
If we want to look fit, we should include exercise as a	31
substantial part of our weight loss plan. Walking at least thirty minutes	35
each day at a very fast rate can make a big difference both in our	39
appearance and in the way we feel.	42

3' |——————|——————|——————|——————|
        1   **2**   **3**   **4**

PROCTOR: Proofread student's timing and circle any missed errors. (A misspelled word is one error regardless of the number of incorrect letters it may have.) To determine the average speed, use the <u>scale at the right for the last completed line of text</u>. Use the <u>scale at the bottom for a partially typed line of text</u>. **Add the two numbers together to get the average words per minute. Do not deduct errors from average words per minute.**