

Assessment Guide

Program/Discipline: Physical Education Division: Health, Physical Education and Athletics

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Part I: Determine Expectations (CONTENT to be assessed)

Process	Program or discipline response
List expected learning outcomes	Knowledge of course subject matter. Skill acquisition Develop lifelong health, wellness and fitness habits Stress management techniques Collaboration and teamwork Adequately meet the goals and expectations of the majority of the students for their respective class.
Identify where expected outcomes are addressed in the curriculum	Fitness classes Therapeutic exercise Dance Mind Body Marshal Arts Individual and Team sports
Determine methods and criteria to assess outcomes	Pre and Post skill and fitness testing Written exam Subjective evaluation Successful participation Class assignments Continued participation in the program and beyond
Describe level of expected performance	Meets participation and attendance standards to sufficiently gain knowledge, skills and abilities Majority of students will show improvement beyond initial baseline testing.

<p>Identify and collect baseline information</p>	<p>Pre assessments Questionnaire Health and Medical screening Goal setting and expectations Instructor observations</p>
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Part II: Determine Timing, Cohort(s), Assign Responsibility (PEOPLE assignments)

Process	Program or discipline response
Determine whom you will assess	A random sampling from selected areas (ie. fitness, mind body, marshal arts, team and individual sports)
Establish a schedule for assessment (Guideline: assess a maximum of 3 outcomes per year)	The fitness component will be measured pre and post each term. Winter term a survey of students perceived improvement of knowledge and skills in individual and team sports. (Students self assessment) Spring term
Determine who will interpret results	The instructors in the respective areas.

Part III: Interpreting and Sharing Results to Enhance Institutional Effectiveness (COMMUNICATION)

Process	Program or discipline response
Interpret how results will inform teaching/ learning and decision making	Results will inform instructors if the current methodologies are effective in developing students fitness levels.
Determine how and with whom you will share interpretations	Share information with area colleagues and the division chair.
Decide how your program or discipline will follow-up on implemented changes	. We will re-assess parameters using the same tools and then the department faculty will decide to revise or retain.